

Northland Review

FREE Publication
MARCH 2025

Monthly Variety Paper

Bingo: Page 12 • Meat Raffles: Page 14

SEE OUR AD ON PAGE 8

SEE OUR ADS, PAGES 5, 28

www.northlandreview.com

Little Village Pub
2670 Co Rd E East,
White Bear Lake
651.330.6305
info@littlevillagemn.com



HAPPY HOUR!
Monday-Saturday:
3pm - 6:30pm, 9pm - 11pm
Sunday: All Day
\$1.50 OFF ALL DRINKS
\$6 SELECT APPETIZERS

Fish Fry for Lent!  **\$15.99. 5 Filets and Choice of Side.**
Available All Day. Dine in Only

Check Out Our New Look!  

ST. PATRICKS DAY!
\$1.50 OFF ALL DRINKS
\$15 CORNED BEEF AND CABBAGE
MAN CAVE BINGO @ 6:30PM!

The dog House
2029 WOODLYNN AVE, ST PAUL, MN 55109 | 651.621.1535 | THEDOGHOUSEBARANDGRILL.COM



SIGN UP FOR OUR FREE ECLUB!
FREE SIGN UP GIFT & BDAY GIFT + MEMBERS ONLY SPECIALS!

MONDAYS 9:00PM
KARAOKE!
BIG SPECIALS 10PM-1AM

TUESDAYS 7-9PM
TRIVIA!
\$1.50 WINGS ALL DAY

With the Twin Cities Hottest Bands!

WEDNESDAYS 6:30PM
CASH BINGO
\$1000 COVER ALL GAME

THURSDAYS NIGHTLY
MONTHLY BDAY PARTY & DJS

SUNDAY FUNDAYS
CASH/PURSE BINGO
3:30PM
ALL DAY HAPPY HOUR

SEE OUR AD ON PAGE 6

SEE OUR AD ON PAGE 9

B-Dale Club
2100 N. Dale St., Roseville, Mn. 55113
651-489-5386 • www.b-dale.com
Plenty of off-street parking!!!
Public Welcome! New Members Welcome!!

MN Charitable Gaming License # - B-330-001 MN Charitable Gaming License # B-330-001

Comes with: Baked Potato, Veggie, & Roll. Take Out Available

IT'S TIME FOR THE B DALE FISH FRY!
EVERY FRIDAY
MARCH 7 - APRIL 18
3PM - 8PM

LIVE MUSIC! THURSDAYS @ 7PM
March 6: Samuel John
March 13 & 27: Mark Stary
March 20: The Metro's

TRIVIA! WIN PRIZES!
Hosted by Mark Stary!
Tue. March 14 @ 7pm
6 MEMBER TEAMS MAX.

KARAOKE! w/Gary & John! Sat., 3/8, 7pm

3 Pieces of Cod: \$15
2 Pieces of Cod & 4 Shrimp: \$16.50
7 Shrimp: \$17

CR's Sports Bar & Carbone's Pizzeria
8525 Cottonwood St. NW / Coon Rapids, MN / Bar: (763) 780-1585 / Carbone's: (763) 717-0327

'BREAK' FOR VETS 8 BALL TOURNAMENT
Friday, Feb. 28. **ALL VETERANS WELCOME! VETERANS ONLY WITH FREE VETERANS MEAL!**

'BREAK' FOR VETS TEAM TOURNAMENT **\$1,000 ADDED**
Saturday, March 1. **ALL PLAYERS WELCOME!**

ST. PATTY'S DAY PARTY BINGO!
Friday, March 14, 7pm. **BINGO PAYOUTS:** 10 Regular Games Pay \$200 Each! 1 Progressive Coverall! 1 Must Go \$1,000 Coverall!
We will be Giving Away A Trip to Las Vegas, Gift Cards, & Other Prizes!

GET LUCKY AT ST. PATRICK'S DAY BINGO!
Monday, March 17, 6:30pm. **BINGO PAYOUTS:** 8 Games: Single Bingo - \$99 Each! Double Bingo - \$99 Each! 2 Progressive Coveralls!

SEE OUR AD ON PAGE 4

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SEE OUR AD ON PAGE 11

Hugo American Legion Post #620
5383 140th St., Hugo • 651-255-1432
hugolegion.com • post620hugo@gmail.com
Facebook.com/americanlegionhugopost620
MN Charitable Gambling License: #00905

St. Patrick's Day Weekend!
March 15-17
Enjoy A Beer & A Bump! Add a Bump of Tullamore D.E.W. for only \$4!
Corned Beef & Cabbage: 3/15 & 3/16

ROSEVILLE ANDERSON NELSON VFW POST 7555 License #00017-001
1145 Woodhill Drive • Roseville, MN 55113 • 651-483-5313

3/1: Live Music! Summer Babies 7-11pm
3/7: First Friday Fish Fry! 11am-8pm
3/17: Live Music! Brian Boru Bag Piper Band 9am-Noon
3/29: Vietnam Veterans Day 7-11pm
3/15: St. Patricks Day Party! Live Music! Thee Mod Garage and Special Guest Phyllis Rutter 7-11pm. Food Specials! Drink Specials! Dress Up & Win Prizes!



Kraus-Hartig VFW Post 6587 EVERY DAY!
8100 Pleasant View Dr. NE. Happy Hour: 4-7pm!
Spring Lake Park. 763-780-1900 Pull Tabs & Etags!
Food Specials!

St. Patrick's Day!
Corned Beef & Cabbage w/ Baby Red Potatoes • Reuben Sandwich w/ Fries.
4-7pm

FRIDAY FISH FRY! Fish or Shrimp, Comes w/ Baked Potato and Salad
Starts 3/7, 5-8pm

SEE OUR AD ON PAGE 4

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SEE OUR AD ON PAGE 2

FRIARS

St. Patty's Day Special!
Sunday, March 16th
Serving Corned Beef & Cabbage, From 11am till Gone!
\$18 a Plate

1500 South Lake Street, Forest Lake, MN 55025 • 651-464-5040

Kelly's KORNIER BAR

ST. PATRICK'S DAY WEEKEND!
Sat., March 15: Shake your Shamrocks 5K/7K!
Starts at Kelly's at 11am
Awards Presented Here after Race is Finished!
Sat., March 15 & Sun., March 16:
Serving Corn Beef & Cabbage, Carrots, & Baby Red Potatoes.
\$2 10oz Green Beer!
Irish Drink & Shot Special's!

7098 Centerville Road • 651-493-6626 • Open daily at 10am

Volleyball! Pre-Registration: March 12, 5-7pm (Past Teams.)

TOP 100 Music Stores in the USA in 2021, 2022, 2023, & 2024!

Music Connection has the BEST Instrument selection and the BEST Lesson Program in the North Metro!

Make Music!
"Serving Musicians Since 1981"

MUSIC Connection
ConnectWithMusic.com
BUY-SELL-TRADE-RENT-REPAIR-LESSONS
77 Eighth Ave. SW • Forest Lake, MN 55025 • 651-464-5252

ROSEVILLE ANDERSON NELSON VFW POST 7555 Roseville VFW
 1145 Woodhill Drive • Roseville, MN 55113 • 651-483-5313 vfwroseville.org

Saturday, March 1st:
Live Music! w/ Summer Babies 7-11pm



Friday, March 7th:
First Friday Fish Fry!
 11am-8pm, Fridays During Lent
Walleye Dinner \$19
Beer Battered Cod Dinner \$14
 (extra piece of fish \$3)
 Both Dinners Served with Fries and Cole Slaw

Monday, March 17th:
Live Music! w/ Brian Boru Bag Piper Band 9am-Noon

Saturday, March 29th:
Vietnam Veterans Day 7-11pm



Saturday, March 15th:
St. Patricks Day Party!

Live Music!
 w/ Thee Mod Garage and Special Guest **Phyllis Rutter** 7-11pm



Food Specials:
 Corned Beef & Cabbage \$17
 Reuben Sandwich \$13
 Guinness Beef Stew \$7

Drink Specials:
 Guinness, Baileys, & Jameson!
 Irish Car Bombs!
 Green Beer! \$4



Dress Up & Win Prizes!



Attention Hunters!

We provide full service wild game and deer processing, including skinning, cutting, wrapping, grinding, smoking, and custom sausage.



Illetschko's Meats & Smokehouse



101 E Richmond St.
 South St. Paul,
 MN 55075

LIKE US 651-455-4333

www.illetschkos.com



Best of the community Reader Choice Awards
 Voted best place to buy Meat and Seafood 2010, 2011 and 2013

Thank You to all our customers!



9726 SCANDIA TRAIL N,
 FOREST LAKE, MN
 55025-8934
 PHONE: 651-433-5646

SUNDAY: 11AM-9PM MONDAY: 4PM-9PM TUESDAY TO SATURDAY: 11AM-10PM



"AMAZING, GOOD FOOD! PORTIONS WERE LARGE. NICE SERVICE AND A QUAINAT ATMOSPHERE. THE WHOLE FAMILY ENJOYED THEMSELVES."
 - A GOOGLE USER



HAPPY HOUR MONDAY TO FRIDAY: 3PM-6PM SUNDAYS: 12PM-3PM

FOREST LAKE LIONS PULL TABS DAILY



OLD LOG CABIN NOW HAS E-TABS. TRY THEM OUT!

Lic. # 02190-007

ROSEVILLE BINGO HALL

Welcome to Roseville Bingo Hall! We always PAY!!! And we always PLAY!!!

Open EVERY DAY, with more sessions than any other Hall!

Purchase the fully loaded Champion Computer with two side packs regularly priced at \$125 for \$60 every session!!

Pull Tab Locations:

A-03191-03



High Pines Brewery
 2704 Snelling Ave N.
 Roseville MN 55113



Lucky's 13 Pub
 2480 Fairview Ave N.
 Roseville MN 55113



Stouts Pub
 1611 Larpenteur Ave West
 Falcon Heights, MN 55113

2525 N. Snelling Ave. Roseville, MN, 55113. 651-697-1090 • Follow us on Facebook : Roseville Bingo Hall

The Coon Rapids Lions

https://e-clubhouse.org/sites/coon_rapids/
 Lic. # 00013

Come help the Lions serve the needy in our community, especially the sight and hearing impaired, handicapped, food shelves, and youth activities.



12800 Bunker Prairie Rd.
 NW, Coon Rapids

Pull-Tabs, E-Tabs, & E-Bingo!



Tip Boards for the Football Games!



Pull-Tabs, E-Tabs and E-Bingo!

PLAY MEGASOTA GAME NITE

Tues. FROM 7-8PM FOR HUGE JACKPOTS

Tip Boards for the Football Games!

BAR BINGO

Fridays @ 6:30pm

\$99 Payouts on all \$1 Games! \$1,000 Coverall Jackpot!

\$500 Layer Cake Jackpot! Shake A Day!
 Before we start & @ intermission

Extra \$100 Paid on \$1 Games if Bingo is on Hotball #!

11707 Round Lake Blvd., Coon Rapids, MN

TOP 100 Music Stores
 in the USA in 2021, 2022,
 2023, & 2024!



Guitars, Pianos,
 Keyboards,
 Drums, Band &
 Orchestral
 Instruments,
 Lessons, Sheet
 Music, Sound
 Systems,
 Ukuleles,
 Financing,
 & Sale Prices



Music Connection has the BEST Instrument selection and the BEST Lesson Program in the North Metro!

Make Music!



"Serving Musicians Since 1981"

BUY-SELL-TRADE-RENT-REPAIR-LESSONS

77 Eighth Ave. SW • Forest Lake, MN 55025 • 651-464-5252

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CHECK OUR WEBSITE FOR OUR FEATURED ARTICLE AT THENORTHLANDREVIEW.COM/ARTICLES/

CONTACT

The Northland Review, LLC Questions or Comments:
 P.O. Box 48503 officenorthlandreview@gmail.com
 Coon Rapids, MN 55448 Phone: 612-814-1906

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Roseville VFW

Pancake Breakfast

Sunday, March 23 | 9 am - Noon

Tickets: \$10 Adults, \$7 Kids
 Kids 5 & under free
 Tickets available at the door - Cash Only

Includes pancakes, eggs, bacon or sausage, and selection of juice, milk or coffee



Roseville VFW
 1145 Woodhill Drive
 651-483-5313

Mimosas, bloody mary's, and a variety of other drinks are also available for purchase

Sponsored by Roseville VFW Auxiliary

Hugo American Legion Post #620

5383 140th St., Hugo • 651-255-1432
 hugolegion.com • post620hugo@gmail.com
 Facebook.com/americanlegionhugopost620
 MN Charitable Gambling License: #00905



Book Your Next Event in our Banquet Hall!
 hugolegionbanquets@gmail.com

CLUB HOURS:

Sunday:	11am - 11pm
Monday:	4pm - 11pm
Tuesday:	11am - 11pm
Wednesday:	11am - 11pm
Thursday:	11am - 11pm
Friday:	11am - 1am
Saturday:	11am - 1am

Grill Opens w/Club. Sunday-Thursday: 8pm
 Close, Friday & Saturday: 8:30pm Close

St. Patrick's Day Weekend!
 March 15-17
 Enjoy A Beer & A Bump!
 Add a Bump of Tullamore D.E.W. for only \$4!
 Corned Beef & Cabbage: 3/15 & 3/16

Family Day & Rib Fest! April 26th. BBQ Team Registration Open!

Meat Raffles

Wednesday @ 6pm, Friday @ 5:30pm
 \$1 per play
 30 Chances to Win per Game!
 Prize Value \$20 per Meat Package!

Pull Tabs

Monday-Thursday: 5-10pm
 Friday-Saturday: 12:30pm-12am
 Sunday: 12:30-9pm

E-Tabs

Available during bar hours

Gun Bingo!
 March 22, @ 1pm
 Doors Open @ Noon
 Get your Tickets Now, Only 100 Available!
 Food & Drink Specials!

Live Music Every Saturday Night!

FRIARS

651-272-5420



Key Tag Drawing

Wednesday Nights 7pm-9pm
 Jackpot Win Up To \$1000
 No Purchase Necessary

Wednesday Special!

Jumbo Fresh Wings!
 \$2. 5pm-9pm



Saturday & Sunday Special!

Cheeseburgers! \$3.50
 Hamburgers! \$3.25



NEW HOURS!

Tuesday & Wednesday: Open at 2pm
 Thursday - Sunday: Open at 11am

DJ

Every Friday & Saturday Night



St. Patty's Day Special!
 Sunday, March 16th
 Serving Corned Beef & Cabbage, From 11am till Gone!
 \$18 a Plate

The MOST Play!
 Minnesota's Number One Place For Electronic Pull Tabs For Over 4 Years!

THE FOREST LAKE LIONS CHARITABLE GAMBLING ORGANIZATION NOW AT FRIARS

Meat Raffles

@ 5pm Every Tuesday & Friday

Voted Best Place for Pull Tabs in the Area! Plus E- Tabs!

Check out our NEW Electronic Gambling WIN Huge Cash Payouts

Lic # 02190-015

1500 South Lake Street, Forest Lake, MN 55025

Cam's



Bar & Eatery

Open Daily @ 11am

8517 63rd Ave N,
 Brooklyn Park,
 MN 55428
 763-533-4159
 www.camsbar.com

Weekly Specials & Events

Monday

\$6 1-topping 10" pizzas (dine in only)



Thursday

Trivia! 7pm Hosted by DJ Trivia FREE to Play! 1st, 2nd, & 3rd Place win Gift Cards!



Tuesday

\$2 Soft Shell Tacos (dine in only)



Friday

Meat Raffle 6pm Lic #36222-001



Wednesday

Meat Raffle 6pm Lic #36222-001



Saturday

Brunch 11am-2pm

Sundays

Brunch 11am-2pm

St. Patricks Day Specials!

\$14.99 Corned Beef & Cabbage Dinner
 \$5 Jameson Cocktails
 \$6 Guinness Pints
 \$7 Irish Car Bombs



Pulltab Booth Now Open!

Happy Hour

Monday - Friday: 3-6pm



COME JOIN US FOR A FRESH BITE TO EAT!

7082 Centerville Road • 651-528-8230 • Open til 1am!

LOCATED NEXT TO KELLY'S KORNER



HAPPY HOUR

Tue-Fri 3-6pm
\$2.75 Domestic
Bottles, Taps, &
Rail Drinks



Jägermeister

Every Day
6-9 pm:
\$3.50
Jag Shots!



Hours

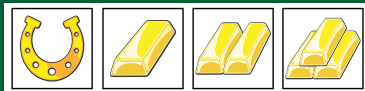
Monday: Closed
Tuesday: 1pm-Close
Thursday: 1pm-Close
Friday: 11am-1am
Saturday: 10am-1am
Sunday: 10am-Close

Meat Raffles

Friday, March 7, 14,
21, & 28 @ 6pm



**PULL-TABS
OPEN DAILY**



Centennial Youth Hockey Association Lic. # 03934-009

7098 Centerville Road • 651-493-6626

Happy Hour M-F: 3-6pm: BOGO!



Every Wednesday:

\$5.95 1/2 Pound Burger w/ Chips. Extra toppings not included. 5-8pm. Dine In Only.

Volleyball!

Pre-Registration: March 12, 5-7pm (Past Teams.)

ST. PATRICK'S DAY WEEKEND!

Sat., March 15: Shake your Shamrocks 5K/7K!
Starts at Kelly's at 11am
Awards Presented Here after Race is Finished!
Sat., March 15 & Sun., March 16:
Serving Corn Beef & Cabbage, Carrots, &
Baby Red Potatoes.
\$2 10oz Green Beer!
Irish Drink & Shot Special's!



Now Serving

Kelly's Colossal
Bloody Mary's
Sat. and Sun.
10am-3pm

80's Theme Night! March 29

**DJ Sat.
@ 9:30pm**

**Fish Fry
Fridays
All You Can Eat!
5-9PM**

NEW HOURS: Bar: Sun: 9am-Midnight, Mon: 11am-Midnight, Tue: 11am-1am, Wed: 11am-1am, Thur: 11am-2am, Fri: 11am-2am, Sat: 9am-2am
Kitchen: Mon-Fri: 11am-10pm, Sat-Sun: 9am-10pm

MEAT RAFFLE AND BINGO

Tuesdays Meat Raffle @ 6pm & Bingo @ 6:30pm
March 4, 11, 18, & 25

Fridays Meat Raffle @ 5pm March 7, 14, 21, & 28

Centennial Youth Hockey Association Lic. # 03934-009



The dog House

2029 WOODLYNN AVE, ST PAUL, MN 55109 | 651.621.1535 | THEDOGHOUSEBARANDGRILL.COM

SCAN TO
VIEW OUR
EVENTS
CALENDAR



**SIGN UP FOR
OUR FREE
ECLUB!**
FREE SIGN UP GIFT &
BOATY GIFT + MEMBERS
ONLY SPECIALS!

MONDAYS
9:00PM

KARAOKE!

BIG SPECIALS 10PM-1AM

TUESDAYS
7-9PM

TRIVIA!

\$1.50 WINGS ALL DAY

WEDNESDAYS
6:30PM

CASH BINGO

\$1000 COVER ALL GAME

THURSDAYS
NIGHTLY

**MONTHLY BDAY
PARTY & DJS**

SUNDAY FUNDAYS

CASH/PURSE BINGO

3:30PM
ALL DAY HAPPY HOUR

LIVE ENTERTAINMENT



01 SAT
8:30PM
**2 MINUTES TO MAIDEN
& QUEEN OF THE RYCHE**
IRON MANDER & QUEENSRÿCHE TRIBUTE



02 SUN
6:00PM
JUSTIN BARTS DUO
ACOUSTIC JAMS



07 FRI
8:00PM
JAKE NELSON BAND
COUNTRY ROCK



08 SAT
8:30PM
R-FACTOR
(MICHAEL JACKSON TRIBUTE)
DJ & DANCE (STARTING AT 11:30PM)



8 & 21
11:30PM
DJ AND DANCING
FREE FOR MARCH BDAY'S!!!



09 SUN
6:00PM
WALLY & JOSIE
ACOUSTIC JAM



13 THURS
6:30PM
BDAY THURS. JEFF LOVEN
FREE MONTHLY BDAY DRINK & SHOTS!



14 FRI
8:00PM
SUGAR BUZZ
PARTY ROCK!!!



15 SAT
8:30PM
GEN X JUKEBOX
ST. PATRICK'S PARTY!!!



21 FRI
8:00PM
SOME SHITTY COVER BAND
EXPERIENCED, FUN, EXPLOSIVE COVERS
DJ & DANCE (STARTING AT 11:30PM)



22 SAT
8:00PM
ROCK CAMP (STARTING AT 2P-5P)
GHOSTS OF MISSISSIPPI
W/ FIRE WATER REBELS



23 SUN
6:00PM
WALLY & JOSIE
ACOUSTIC JAM



28 FRI
8:00PM
FLASHMOB
DECADE LONG PARTY ROCK COVERS



29 SAT
8:30PM
DJ DANCE NIGHT
DJ'S AND DANCING ALL NIGHT LONG



30 SUN
7:00PM
BIG POKER PAYOUT!
(\$100 CASH, \$50 CASH, \$25 CHIT CARD,
\$15 CHIT CARD)



**158 Main St. NW
Bethel, MN 55005
763-434-0119**

It's all about the food!
and Steaks are our Specialty!

Free Bar Bingo Tuesdays @ 6:30pm

Meat Raffles
Tuesday @ 6pm
Friday @ 6pm
Sunday @ 11am

Bingo
Saturday @ 3pm
Win up to \$1000!



Specialty Dinner Menu
Served Thur-Fri-Sat 5pm-9:30pm

- Pork Chops
- New York Strip
- Ribs
- Jumbo Shrimp
- Porterhouse Steak
- Prime Rib

Chops (Lic#B-31322)

www.dugoutbarandgrill.com 

DID YOU KNOW? ACTIVE KIDS

Children need physical activity as part of their overall health regimen. How much physical activity a child needs varies with age. The Centers for Disease Control and Prevention says children between the ages of three and five should be active throughout the day to ensure proper growth and development. This can be achieved by being physically active during play. Children and adolescents between the ages of six and 17 need to be active for at least 60 minutes each day, with that activity being moderate-to-vigorous in nature. The activities enjoyed should include a variety of aerobic, muscle-strengthening and bone-strengthening exercises.




Happy Hour
Mon thru Sat - 2pm to 6pm
Sunday 7pm to Close
\$4 Rail Drinks, & Dom. Bottles,
\$1 OFF Tall Taps
\$5 Wines

1986 Rice St., Maplewood • 651-788-7362
www.mccarronspub.net • facebook.com/McCarronsPub

MARCH FOOD SPECIALS!

- March 3 - 9: Beef Stroganoff
- March 10 - 16: New Mexico Green Chili Cheeseburger
- March 17 - 23: Saint Patrick's Day Specials
- March 24 - 30: Fajita Shrimp Rice Bowl

For The Month: Oven Roasted Barramundi Fish Dinner

MN GAME DAY SPECIALS



1/2 Price Wings \$5 Stadium Dog
\$3 Tacos \$6 Chicago Dog
\$5 Nachos \$7 Coney Dog

Purse Bingo!
2nd Tuesday of the Month
Sales @ 6pm
Starts @ 7pm.

During All Games for Pro MN Sports Teams

PULL TABS DAILY
Monday - Thursday: Noon-Close,
Friday - Sunday: 11am-Close

BINGO
Mondays 6pm & Saturday Noon.
\$1000 Coverall Every Monday
\$2000 Progressive Game
\$200 Hot Ball - Cash Races
\$5 FREE Bingo Paper for Month of your Birthday

E-TABS AVAILABLE
All Day & Night

MEAT RAFFLES
Fridays 5:30pm
Saturdays 11:30am

Roseville Youth Hockey Lic. #: A-03191-11



2100 N. Dale St., Roseville, Mn. 55113
651-489-5386 • www.b-dale.com
Plenty of off-street parking!!!

Hall Rental
651-359-0313 M- F 8am to 5pm,
or email bdalerentalhall@yahoo.com

Public Welcome! New Members Welcome!!

Happy Hour: Mon. - Fri., 4 - 6pm. The Friendliest Bartenders in Town!

HOURS
Monday - Thursday: Noon to Midnight
Friday - Saturday: Noon to 1am
Sunday: 11am to 10pm

PULL-TABS & E-TABS DAILY

Meat Raffle! Back 4/25, No Raffles for Lent!
Every Friday @ 5:30
MN Charitable Gaming License # - B-330-001

BAR BINGO
Win Up To \$1,000
Saturday, March 1st, Jackpot 15th, & 29th @ 3pm Coverall!
MN Charitable Gaming License # B-330-001

TRIVIA!
Hosted by Mark Stary!
Tue. March 11 @ 7pm
6 MEMBER TEAMS MAX. WIN PRIZES!

LIVE MUSIC! THURSDAYS @ 7PM
Mar. 6: Samuel John
Mar. 13 & 27: Mark Stary
Mar. 20: The Metro's

V.I.P. SUNDAY FUNDAY!
\$1 OFF All Drinks with Purchase of \$1 Wristband (Drinks over \$3 Only)
PLUS... \$2 OFF Pittie Q BBQ Order! 12-8pm

CHECK FB FOR ST. PATTY'S DAY SPECIALS! MARCH 17TH

B DALE KARAOKE SAT. 03/08/25 - 7 PM WITH GARY AND JOHN!

Comes with: Baked Potato, Veggie, & Roll. Take Out Available

IT'S TIME FOR THE B DALE FISH FRY! EVERY FRIDAY MARCH 7 - APRIL 18 3PM - 8PM

3 Pieces of Cod: \$15
2 Pieces of Cod & 4 Shrimp: \$16.50
7 Shrimp: \$17

PUZZLES

Answers on page 8

Sudoku 1

2			9			1	7
6						9	
	7			4			3
		8					
	5			3		4	
			6			2	
						3	
7		2		9	8		
3					7		1

Sudoku 2

		3		6		7	9
	9		2				3
				5		4	
		5	2			9	1
3				8			
	4		9			5	
	8	6					
1		8			6	2	

CRYPTO FUN

Solve the code to discover words related to pet sitting. Each number corresponds to a letter. (Hint: 10 = R)

- A. 26 22 10 4 12 2 9 4 10
Clue: Babysitter
- B. 6 21 6 6 8
Clue: Young dog
- C. 16 14 22 10 13 2 7 12
Clue: Overnight animal care
- D. 1 10 22 9 4 24
Clue: Vacationing

CRYPTO FUN

Solve the code to discover words related to agriculture. Each number corresponds to a letter. (Hint: 22 = O)

- A. 5 18 20 10
Clue: Growing operation
- B. 3 20 18 6 3 22 20
Clue: Farm equipment
- C. 3 17 6 4 11 22 26 22 12 21
Clue: Scientific tools
- D. 6 20 22 19 14
Clue: Plants

FARM AND AG WORD SEARCH

T C L L G N U V P E G A L L I T T F I O
R A I U P K O B I O D Y N A M I C H H R
F C A R E E T I V V Y Y T D U N G T L S
M K G G R O C E S R L I M T F N K I B M
L O A I G I Y O D O D R Y C O I N V P M G
S P O R C R G N L T R U R M N E S B T B
F I M C A H A A B O L E R A S O T H N C
R T N I S B O S T T G A O T O Y R M F K
G M P B S G A G I I F Y O D R V B G I M
N A Y U F N N V T H O C P Y B S B A A K
I C H G N I A M K R K N V P B C N V F L
D O D U L T V Y Y A S T S E V R A H V I
A Y A L I Y T I S R E V I D O I B R L O
E L I O R A G R I C U L T U R E U B T S
H R N G R T V Y A V Y O B A C M S N H R
D P B S T K R O T A T I O N E R Y P V M
A A N I M A L S Y T S A M N B E A P V P
E C R P T I C A P A C I N H S A V L K D U
D B P P E G H A R I M E R A O T A S H
L V B V E G A N I A R D H Y O C V R V L

WORDS

AGRICULTURE
AGRONOMY
ANIMALS
ANNUAL
APIARY
BIODIVERSITY
BIODYNAMIC
CAPACITY
COVER
CROPS
CULTIVATION
DEADHEADING
DRAINAGE
DRILLING
ECOLOGY
EROSION
FARMING
HARVEST
HUSBANDRY
IRRIGATION
LIVESTOCK
ROTATION
SOIL
TILLAGE

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to pet sitting.

WLKAS

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to agriculture.

DEFE

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15						16		
17			18							19		
20				21						22		
23				24				25	26			
			27		28	29	30					
31	32	33		34				35		36	37	
38			39					40		41		
42			43		44					45		
			46		47			48				
49	50							51		52	53	54
55				56	57	58	59	60				
61				62				63				
64				65						66		
67				68						69		

CLUES DOWN

1. Brushed aside
2. Water sprite
3. Ones to look up to
4. Monetary units
5. A number everyone has
6. Marine invertebrate
7. One who takes you to court
8. Indicates outer
9. Parallelograms
10. Strains
11. Cross
12. A way to remove
13. Some pages are dog-__
18. Ukraine city
24. A citizen of Denmark
26. Summer month (abbr.)
28. Hindu queens
29. Jewelry brand
30. Fictional rider of Rohan
31. Wet dirt
32. Russian city
33. Observed
36. Furious

CLUES ACROSS

1. Cut a little bit off
5. State with confidence
11. River in NE Scotland
14. Not narrow
15. Lacking social polish
16. Amount of time
17. Frame
19. Automobile
20. Toadstools
21. High school dances
22. Utilize
23. Challenged
25. One-sided
27. Showing extreme greed
31. Potted plants
34. Everyone has one
35. Lake in Botswana
38. E.T. rode in one
39. Juniors' parents
41. Small amount
42. Mother of Perseus
44. Ornamental box
45. Gov't investigators
46. Uncertain
49. A cotton fabric with a satiny finish
51. The vast grassy plains in S. America
55. Your consciousness of your own identity
56. Noted consumer advocate
60. Spanish sports club
61. Body part
62. Tractability
64. Woman (French)
65. Ready and willing to be taught

37. Drivers' licenses
39. Musical composition
40. Auction
43. They __
45. Women
47. Inspire with love
48. Japanese ankle sock
49. Appears
50. Old World lizard
52. The leading performer
53. Type of protein
54. Pennsylvania town
57. Art __: around 1920
58. __ Blyton, children's author
59. Abnormal breathing
63. A place to sleep
66. Muslim ruler title
67. Depressed
68. Gradually gave way
69. Clear-thinking

	1	2	3	4		5	6	7	8	
9				10		11				12
13				14		15				
16			17		18					
19		20		21				22		
	23		24		25			26		
			27		28		29		30	
			31		32		33			
			34		35		36		37	
	38			39		40		41		42
43				44		45		46		47
48		49	50			51		52		
53						54		55		
56						57				
	58					59				

CLUES ACROSS

1. Take heed
5. One's superior
9. Prepped meat
11. Tighten anew
13. Type of textile fiber
15. Animalistic
16. When you hope to get somewhere
17. Offender
19. Former NYC mayor Ed
21. Type of cryptocurrency
22. Mauna __, Hawaiian volcano
23. Herring-like fish
25. Popular PBS program
26. Congressman (abbr.)
27. Flightless Australian birds
29. Defrosted
31. Prior Yankee sensation Kevin
33. Nasal mucus
34. Some are southern
36. A place to construct
38. Popular beer brand
39. Shouts of farewell
41. Network of nerves
43. Make a mistake
44. Showed old movie
46. Body parts
48. A divisor
52. Congressional investigatory body
53. Papers
54. Most unnatural
56. Judge the worth of something
57. Makes sounds while sleeping
58. Which

CLUES DOWN

1. Pages
2. Head pain
3. A loud utterance
4. Large brown seaweed
5. Hulu's chef Carmine
6. Greek mountain
7. Made final
8. Bar
9. Tai subgroup
10. What you eat
11. Teaches again
12. Small constellation
14. Type of berry
15. Cows fattened for meat
18. A way to hoof it
20. Exaggerated a role
24. About two
26. Long upholstered seat
28. What employees earn
30. Fiber from a coconut husk
32. Digits
34. Polish by rubbing
35. Liquid body substances
37. Furniture with open shelves
38. Edible part of a chicken
40. Satisfy
42. Tool used to remove
43. Icelandic poems
45. Swiss village
47. Drunks
49. Evergreen plant genus
50. Light precipitation
51. Ribosomal ribonucleic acid
55. An informal debt instrument

PUZZLE ANSWERS

Sudoku 1

2	4	3	8	9	5	6	1	7
6	8	1	3	7	2	4	9	5
5	7	9	1	6	4	2	8	3
4	2	8	9	5	1	3	7	6
9	5	6	7	2	3	1	4	8
1	3	7	6	4	8	5	2	9
8	6	4	5	1	7	9	3	2
7	1	5	2	3	9	8	6	4
3	9	2	4	8	6	7	5	1

Sudoku 2

5	4	2	3	1	6	8	7	9
7	6	9	4	2	8	5	1	3
8	1	3	9	7	5	2	4	6
4	8	5	2	6	7	3	9	1
9	2	6	1	3	4	7	8	5
3	7	1	5	8	9	4	6	2
6	3	4	7	9	2	1	5	8
2	5	8	6	4	1	9	3	7
1	9	7	8	5	3	6	2	4

Crypto Fun

1: A. caregiver B. puppy C. boarding D. travel
2: A. farm B. tractor C. technology D. crops

Word Scramble

1. walks 2. feed

Crossword 1

S	N	I	P	A	S	S	E	R	T	D	E	E	
W	I	D	E	G	A	U	C	H	E	E	R	A	
E	X	O	S	K	E	L	E	T	O	N	C	A	R
P	I	L	E	I	P	R	O	M	S	U	S	E	
T	E	S	T	E	D	B	I	A	S	E	D		
			A	V	A	R	I	C	I	O	U	S	
M	U	M	S	N	A	M	E	N	G	A	M	I	
U	F	O	S	E	N	I	O	R	S	T	A	D	
D	A	N	A	E	I	N	R	O	F	E	D	S	
			I	R	R	E	S	O	L	U	T	E	
S	A	T	E	E	N	P	A	M	P	A	S		
E	G	O	N	A	D	E	R	B	A	R	C	A	
E	A	R	A	M	E	N	A	B	I	L	I	T	Y
M	M	E	D	O	C	I	L	E	E	M	I	R	
S	A	D	E	R	O	D	E	D	S	A	N	E	

Crossword 2

R	E	C	K	B	O	S	S							
S	E	A	R	E	D	R	E	S	E	A	L			
A	C	R	Y	L	I	C	B	E	A	S	T	L	Y	
E	T	A	P	E	R	P	E	T	R	A	T	O	R	
K	O	C	H	T	A	L	E	R	L	O	A			
S	H	A	D	N	O	V	A	S	E	N				
			E	M	U	S	D	E	I	C	E	D		
			M	A	A	S	S	N	O	T				
			B	E	L	L	E	S	S	I	T	E		
			B	U	D	A	V	E	S	R	E	T	E	
E	R	R	R	E	R	A	N	E	A	R	S			
D	E	N	O	M	I	N	A	T	O	R	G	A	O	
D	A	I	L	L	I	E	S	E	E	R	I	E	S	T
A	S	S	E	S	S	S	S	N	O	R	E	S		
T	H	A	T	A	U	E	R							

Word Search

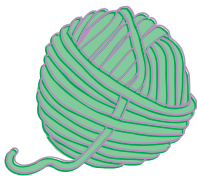
T	C	L	L	G	N	U	V	P	E	G	A	L	L	I	T	T	F	I	O
R	A	I	U	P	K	O	B	I	O	D	Y	N	A	M	I	C	H	H	R
F	C	A	R	E	T	I	V	Y	Y	T	D	U	N	G	T	L	S		
M	K	A	G	R	O	C	E	S	R	L	I	M	T	F	N	K	I	B	M
L	O	A	I	G	I	Y	O	D	O	D	Y	C	O	I	N	V	P	M	G
S	P	O	R	C	R	G	N	L	T	R	U	R	M	N	E	S	B	T	B
F	I	M	C	A	H	A	A	B	O	L	E	R	A	S	O	T	H	N	C
R	T	N	I	S	B	O	S	T	T	G	A	O	T	O	Y	R	M	F	K
G	M	P	B	S	G	A	G	I	I	F	Y	O	D	R	V	B	G	I	M
N	A	Y	U	F	N	N	V	T	H	O	C	P	Y	B	S	B	A	A	K
I	C	H	G	N	I	A	M	K	R	K	N	V	P	B	C	N	V	F	L
D	O	D	U	L	T	V	Y	Y	A	S	T	S	E	V	R	A	H	V	I
A	Y	A	L	I	Y	T	I	S	R	E	V	I	D	O	I	B	R	L	O
E	L	I	O	R	A	G	R	I	C	U	L	T	U	R	E	U	B	T	S
H	R	N	G	R	T	V	Y	A	V	Y	O	B	A	C	M	S	N	H	R
D	P	B	S	T	K	R	O	T	A	T	I	O	N	E	R	Y	P	V	M
A	A	N	I	M	A	L	S	Y	T	S	A	M	N	B	E	A	P	V	P
E	C	R	Y	T	I	C	A	P	A	C	N	H	S	A	V	L	K	D	U
D	B	P	P	T	E	G	H	A	R	I	M	E	R	A	O	T	A	S	H
L	V	B	V	E	G	A	N	I	A	R	D	H	Y	O	C	V	R	V	L

“How they say that in...”

English: Yarn
Spanish: Hilo
Italian: Filo
French: Fil
German: Garn

Did You Know?

Crochet patterns feature a lot of abbreviations for stitches. Learning them can make projects easier.



Little Village Pub
2670 Co. Rd. E. East, White Bear Lake
651.330.6305
www.littlevillagepub.com

Business Hours: Everyday 11am-2am
Kitchen Hours: Monday-Saturday: 11am-Midnight
Sunday: 8-11:30am

HAPPY HOUR
Monday-Saturday: 3-6:30pm, 9-11pm
Sunday: All Day
\$1.50 OFF ALL DRINKS \$6 SELECT APPETIZERS



BREAKFAST SUNDAYS!
8-11:30am



KARAOKE NIGHT!
Saturdays: 9pm-1am
Come On In & Sing with Ick!



TRIVIA NIGHT!
Sundays: 6pm

WEEKLY FOOD SPECIALS!
Mon.: Chimichanga (Beef/Chicken) \$13
Tue.: Chef's Choice \$13. **KIDS EAT FREE!**
Wed.: Asian Noodle Bowl w/Sirloin & Veggies \$13
Thu.: Hot Italian Hoagie w/Side \$13
Fri.: Cod Sandwich w/Side \$13
Sat.: Buffalo Mac and Cheese \$13
Sun.: Sloppy Joe w/Chips \$7

COACH/MAN CAVE BINGO
Mondays @ 6:30pm. 3rd Monday: Man Cave



MEAT RAFFLE
Fridays @ 5:30pm

POKER
Thursdays @ 7:30pm

PULLTABS & ETABS
7 Days A Week
Charitable Gambling by Merrick, Inc. Licence #00264-065



ST. PATRICKS DAY!

\$1.50 OFF ALL DRINKS
\$15 CORNED BEEF AND CABBAGE
MAN CAVE BINGO @ 6:30PM!



Check Out Our New Look!



Fish Fry for Lent!
\$15.99
5 Filets and Choice of Side.
Available All Day
Dine in Only



7 ACTIVITIES TO COMMEMORATE THE SPRING EQUINOX

The beginning of spring is cause for celebration. In many areas of the world, the start of spring marks the end of cold temperatures and hours spent indoors, a shift in conditions that is welcomed by millions each year.

Spring is a time of rebirth when flowers and trees bloom anew and animals bear new young. Spring is an exciting and busy time, and one that people can commemorate in many unique ways. Here are seven ideas to usher in spring this March.

1. Fill a home or business with flowers. Collect some early tulip or daffodil blooms and place them around the house. Offer bouquets of dandelions to children or weave them into flower crowns.
2. Spend time in nature. It's time to get outside, and there is no better time to do so than the beginning of spring. Soak up the sun and temperate climate, which can be good for your physical and mental well-being.
3. Visit a loved one. Bring some sunshine to an elderly relative by visiting with him or her. Take a stroll outside or sit on a bench and enjoy a picnic.
4. Prepare the garden by cleaning out weeds and tilling the soil. Some early spring preparation ensures everything will be ready when planting time arrives.
5. Prepare an outdoor feast. Whether it's a picnic or a barbecue, serve up a warm-weather feast with salads, sandwiches and other dishes that are normally served outdoors.
6. Sow some seeds. Encourage each member of your household to pick a favorite plant or flower and sow it in celebration of the first day of spring. It's possible to make a special spring garden with perennials that will bloom each year.
7. Make spring-related crafts. Colorful wreaths, centerpieces and garlands can bring some of the natural wonders of spring indoors.



The first day of spring is an opportunity to enjoy what makes the season so special. Celebrate the new season with plenty of creative ideas.

CR's Sports Bar & Carbone's Pizzeria

8525 Cottonwood St. NW / Coon Rapids, MN / Bar: (763) 780-1585 / Carbone's: (763) 717-0327




Mon. - Fri.
11am - 2am
Sat. - Sun.
11am - 2am
OPEN 7 DAYS A WEEK.
crssportsbar.com

ST. PATTY'S DAY PARTY BINGO!

Friday, March 14, 7pm.
Fun Starts @ 5:30pm with Meat Raffle, Jersey Raffle, & Shake A Days!

BINGO PAYOUTS:
10 Regular Games Pay \$200 Each!
1 Progressive Coverall!
1 Must Go \$1,000 Coverall!
\$14/Pack. Must Purchase Pack to Play.
Must be 21 Years or Older

We will be Giving Away A Trip to Las Vegas, Gift Cards, & Other Prizes!
Table Reservations Available.
Party Must Arrive by 5:30pm to Hold Table.



St. Patrick's Day!

GET LUCKY AT ST. PATRICK'S DAY BINGO!

Monday, March 17, 6:30pm.

BINGO PAYOUTS:
8 Games: Single Bingo - \$99 Each!
Double Bingo - \$99 Each!
2 Progressive Coveralls!
\$10/Pack. Must Purchase Pack to Play.

BINGO				
14	17	31	50	69
9	28	44	48	72
2	19	*	59	62
11	26	37	52	73
6	16	41	49	66

BINGO				
14	17	31	50	69
9	28	44	48	72
2	19	*	59	62
11	26	37	52	73
6	16	41	49	66

'BREAK' FOR VETS 8 BALL TOURNAMENT

Friday, Feb. 28. Check In/Warm Up: 5pm
Color Guard & National Anthem: 5:45pm
Start: 6pm

ALL VETERANS WELCOME!

\$1,000 ADDED

VETERANS ONLY

\$20 Entry Fee. Short Race. Alternate Break TO SIGN UP, CONTACT BILLY: 763-486-2887

FREE VETERANS MEAL!

JOIN US WHILE WE SAY THANK YOU AND TREAT YOU TO A FREE MEAL!
FOOD SERVED FORM 4 - 6:30PM
(While Supplies Last)



'BREAK' FOR VETS TEAM TOURNAMENT

Saturday, March 1
ALL PLAYERS WELCOME!

\$1,000 ADDED

3 PERSON TEAM TOURNAMENT

DIVISION 1:
FARGO RATE 1,850 & UNDER

DIVISION 2:
FARGO RATE 1,650 & UNDER

\$200 PER TEAM, GREENS FEE INCLUDED TO SIGN UP YOUR TEAM, STOP IN, OR CONTACT BILLY: 763-486-2887

All players must be MPA sanctioned. If you play in an MPA sanctioned pool league, you are eligible for this event and all of our other events during the pool season. If you are not playing in an MPA sanctioned league a \$20 MPA Player Membership will apply.

Carbone's Hours

Monday - Thursday: 11am - 11pm
Friday - Saturday: 11am - 11pm
Sunday: 11am - 11pm

Happy Hour

11am - 6pm • Mon - Fri
4-6pm Saturdays

2 for 1 on all Domestic Beer and Rail Drinks



Bar Bingo

Wednesdays @ 6:30pm & Saturdays @ 2pm
\$1,000 Winner, Every Saturday!

BINGO

14	17	31	50	69
9	28	44	48	72
2	19	*	59	62
11	26	37	52	73
6	16	41	49	66

Meat Raffles

Fridays @ 5pm & Saturdays @ 4:30pm



Lic #93284
Competition Cheer Spirit Booster Club



CRAFTS ARE A LUCKY BET FOR ST. PATRICK'S DAY CELEBRATIONS

While it certainly can be fun to visit a pub and raise a pint in honor of St. Patrick's Day on March 17, such efforts are not necessarily a family-friendly way to commemorate the patron saint of the Emerald Isle. Thankfully, there are plenty of activities for children and adults that focus less on imbibing and more on hands-on fun so everyone can be involved equally. Crafting often fits that bill. The following are some unique craft ideas to celebrate the spirit of St. Patrick's Day. Many of these projects include items you may already have around the house.

Shamrock key chain. Find your favorite salt dough recipe and use a shamrock cookie cutter to cut out the shape of a lucky clover. Poke a hole at the top where you can connect a key ring. When the shamrock is dried and hardened, paint it in a vivid shade of green. Attach keys, a school ID or anything else to the key ring, or simply hang it from a backpack.

Leprechaun hats. With a little green paint, green card stock and construction paper in black and gold, anyone can create miniature leprechaun hats. Paint the toilet paper tube green, then wrap the bottom in a strip of black and place a gold "buckle" made out of a rectangle of gold or yellow paper. Glue the tube to a round of green card stock, and voila, you have a perfect leprechaun hat for decorating a room or table.

Easy rainbow craft. Grab some fruity O-shaped cereal and let kids sort the colors into red, orange, yellow, green, and purple. Glue rows of these colored cereal rings onto a piece of white cardstock to make the rainbow. At the base of the rainbow, glue some cotton balls to serve as the clouds.

Beaded bracelets. Visit a craft store and stock up on small green, white and gold beads, as well as some bracelet wire or poly string. Spend a few hours making bracelets that everyone can wear with their green attire for St. Patrick's Day. The bracelets also can be given as gifts.

Shamrock slime. Those who can find green glitter glue and shamrock confetti can turn their favorite slime recipe into one worthy of St. Patrick's Day.

Rainbow cereal bars. Incorporate some of the marshmallows from a favorite "lucky" cereal brand into the mix of rice cereal treats to give them a rainbow-inspired upgrade.

Pots of gold. If you have leftover plastic witches' cauldrons from Halloween, paint them gold and use them to store foil-wrapped chocolate coins. Otherwise, tie green helium-filled balloons to the cauldron to make a perfect centerpiece.

Bayport American Legion

Post 491

263 N. 3rd St. 651-439-5463

Kelly Bertelsen: 651-491-8972. Lic. # 00467

BAR BINGO

Mon. - 7pm
@ Stillwater Bowl
5862 Omaha Ave N, Stillwater
651-439-2444

1st & 3rd Wed. - 5pm
@ The Brookside Bar & Grill
140 Judd St., Marine On St. Croix
651-433-1112

Fri. - 7:30pm
@ Legion Post 491
263 N. 3rd St, Bayport
651-439-5463

Sat. - 1pm
@ Sal's Angus Grill
12010 Keystone Ave N, Stillwater
651-439-6625

Sat. - 2pm
@ The Bungalow
1151 Rivercrest Rd, Lakeland
651-436-5005

MEAT RAFFLE

2nd & 4th Wed. - 5pm
@ The Brookside Bar & Grill
140 Judd St., Marine On St. Croix
651-433-1112

Sat. - Noon
@ Sal's Angus Grill
12010 Keystone Ave N, Stillwater
651-439-6625

Sat. - 1pm
@ The Bungalow
1151 Rivercrest Rd, Lakeland
651-436-5005

WIN BIG AT BINGO!

FRIDLEY AMERICAN LEGION

Shaddrick - LaBeau

7365 Central Ave. NE
Fridley, MN 55432
763-784-9824

Lic. # - G-00001-004

? Trivia

Mondays @ 6pm

MEAT RAFFLE Fri.: 5pm - Gone

Ryders Bacon Raffle Meat Raffle tickets sold until all prizes are won.
2nd and 4th Tues.: 5:30pm

BINGO Wed.: 6:30pm,
Sat.: 1pm.

Pull Tabs Mon-Thurs: 11am-11:30pm
E-Tabs Sat: 10am-11:30pm
Sun: 10:am-9:30pm

Tri-Wheel

Fri.: 5:30-11pm
Sat.: 4-11pm

Hours subject to change

POST 303 GRILL

Now Open!

Mon-Fri: 11am-2pm & 5-8pm, Sat: 9am-2pm. Sun: 9am-Noon

Steak Fry! Every 3rd Friday of the Month! 5:30pm

Happy Hour

Monday, Wednesday, & Thursday:
11am - 1pm, 3pm - 6pm

Friday:
11am - 1pm, 3pm - 6pm

Saturday & Sunday:
10am - Noon

Tuesday:
ALL DAY!

Live Music!

Fridays
7:30-11:30pm

Horse Races

6pm

7 FUN WAYS TO CELEBRATE ST. PATRICK'S DAY

St. Patrick's Day is celebrated each year on March 17. The day honors St. Patrick, the patron saint of Ireland, but it's also a celebration of Irish culture. Although St. Patrick's Day is celebrated around the world by people who can trace their lineage to the Emerald Isle, millions more with no such heritage join in the festivities each year. That means anyone who is Irish or just Irish in spirit can take part in St. Patrick's Day celebrations.

There are many entertaining ways to commemorate this special day. Here are a few to get the party started.

1. Eat green foods. Green is a prominent color for St. Patrick's Day and Ireland in general. Many people eat foods and consume beverages dyed green on March 17.
2. Bake soda bread. Everyone can take part in the kitchen whipping up a batch of delicious Irish Soda Bread. This is a great recipe for kids because there's no need to wait for dough to rise. Baking soda is the "soda" in the recipe and serves as the leavening agent.
3. Take part in a parade. St. Patrick's Day parades are held in major cities across the country, making it relatively easy for people to be there in person. However, many communities also host parades that are small in scale but still big on fun.
4. Attend an Irish dancing demonstration. Irish dance is a traditional dance that originated in Ireland. It is known for its intricate footwork and minimal upper-body movement.
5. Dine the Irish way. Although corned beef and cabbage is often served on St. Patrick's Day, it is not the most authentic Irish fare one can eat. Find a restaurant that serves Irish stew, Boxty, Colcannon, or Black and white pudding, or try making such dishes at home.
6. Host a scavenger hunt. See who can find the gold at the base of the rainbow. Pick a person to organize the scavenger hunt. This person can write the clues and hide the prize.
7. Listen to Irish music. Tune in to The Chieftains, The Dubliners, Planxty, The Gloaming, The Wolfe Tones, and others to get into a festive spirit.



MARCH 2025



ROSEVILLE ANDERSON NELSON VFW POST 7555

1145 Woodhill Drive • Roseville, MN 55113 • 651-483-5313 vfwroseville.org

Roseville
f VFW

SPECIAL EVENTS!
CHECK PAGE 2 FOR MORE INFO!

KARAOKE FRIDAYS

@8:30 PM

MIA DORR'S
PREMIER ENTERTAINMENT
MIADORR.COM

Happy Hour! Monday-Friday: 3-6pm

Monday Night Special	Tuesday Night Special	Wednesday Night Special	Thursday Night Special	Friday Night Special
Burgers \$6 3-8pm	Hot Beef Sandwich	Hot Turkey Sandwich	Chefs Choice	Walleye OR Steak Dinner 3-8pm
				

Gift Card Raffle
Wednesday @ 5pm & Saturday @ 4pm
Horsing Following the Raffle

Bingo is BACK!
Thursdays @ 6:30pm
Pull-Tabs & E-Tabs Daily

License # G00017



Kraus-Hartig VFW Post 6587

8100 Pleasant View Drive NE.
Spring Lake Park, MN 55432 763-780-1900



EVERY DAY! Food Specials!
Pull Tabs & Etabs!
Happy Hour: 4 - 7pm!

Wednesdays
Texas Hold'em @6:30pm

Sundays
Bar Bingo 2 coveralls up to \$1,000! @2:30pm

Fridays
Tri-Wheel @5pm
Meat Raffle @5pm
Horse Races @5pm

Mondays
Karaoke 7 - 10pm
Pork Chop Dinner Includes: Pork Chop, a Potato, and a Veggie. 5pm until Gone. \$10

Saturdays
Meat Raffle @2pm
Karaoke 8 - 11pm

Tuesdays
Bar Bingo 2 coveralls up to \$1,000! @6:30pm
Taco Buffet 1st and 3rd Tuesday, 5 - 7pm. \$10
Tri-Wheel @5pm

St. Patrick's Day!
Corned Beef & Cabbage w/ Baby Red Potatoes • Reuben Sandwich w/ Fries. 4-7pm

Host your Important Events with us!
3 Rooms are Available!

FRIDAY FISH FRY!
Starts March 7th, 5-8pm
Fish or Shrimp, Comes with Baked Potato and Salad

PAGE 11

BAR BINGO

SUNDAYS

Kraus-Hartig VFW
8100 Pleasant Drive NE, Spring Lake Park. 763-780-1900 • 2:30pm

Roseville Bingo Hall
2525 N. Snelling Ave, Roseville. 612-869-5555 • Noon, 2, 6, & 8pm

MONDAYS

Bear Town
4875 Highway 61, White Bear Lake. 651-426-4225 • 6pm

CR'S Sports Bar
8525 Cottonwood St. NW, Coon Rapids. 763-780-1585 • 6:30pm

Hi Stakes Bar
8299 University Ave NE, Spring Lake Park. 763-784-2230 • 1pm

Invictus Brewing Company
2025 105th Ave. NE, Blaine. 763-208-3063 • 6:30

Jimmy's Food & Drink
1132 Co Rd E East, Vadnais Heights. 651-482-1100 • 9am

McCarron's
1986 Rice St., Maplewood. 651-788-7362 • 6pm

Roseville Bingo Hall
2525 N. Snelling Ave., Roseville. 612-869-5555 • 1, 3, 7, & 9pm

SAK'S
1460 -E County Rd E Vadnais Heights. 651-484-6119 • 6pm

Stillwater Bowl
5862 Omaha Ave. N Stillwater. 651-439-2444 • 7pm (Lic# 00467)

White Bear Bar
2135 4th Street, White Bear Lake. 651-426-4111 • 6pm

TUESDAYS

Classic Bowl
11707 Round Lake Blvd, Coon Rapids. 763-421-4402 • Megasota • 7-8pm

Dugout Bar & Grill
158 Main St. NW, Bethel. 763-434-0119 • 6:30pm

Jimmy's Food & Drink
1132 Co Rd E East, Vadnais Heights. 651-482-1100 • 6pm

Kelly's Korner Bar
7098 Centerville Road, Centerville. 651-493-6626 • 6:30pm

Kraus-Hartig VFW
8100 Pleasant Drive NE, Spring Lake Park. 763-780-1900 • 6:30pm

Lucky's 13 Pub - Roseville
2480 Fairview Ave N, Roseville. 651-330-9257 • 7pm – 10pm

Roseville Bingo Hall
2525 N. Snelling Ave, Roseville. 612-869-5555 • 3, 7, & 9pm

The Sunset Grill
8466 Hwy. 65, Spring Lake Park. 763-204-8648 • 1pm

WEDNESDAYS

American Legion Fridley
7365 Central Ave. NE, Fridley. 763-784-9824 • 6:30pm

Bear Town
4875 Highway 61, White Bear Lake. 651-426-4225 • 6pm

CR'S Sports Bar
8525 Cottonwood St. NW, Coon Rapids. 763-780-1585 • 6:30pm

Drkula's
6710 Cahill Ave, Inver Grove Heights. 651-451-1717 • 6:30pm

Hi Stakes Bar
8299 University Ave. NE, Spring Lake Park. 763-784-2230 • 5:30pm

Jimmy's Food & Drink
1132 Co Rd E East, Vadnais Heights. 651-482-1100 • 9am

Roseville Bingo Hall
2525 N. Snelling Ave, Roseville. 612-869-5555 • 3, 7, & 9pm

The Brookside Bar & Grill
140 Judd St., Marine On St. Croix. 651-433-1112 • Every Other Wed. 7pm

The Doghouse Maplewood
2029 Woodlynn Ave., St. Paul. 651-621-1535 • 6:30pm

Welsch's Big Ten Tavern
4703 US-10, Arden Hills. 651-633-7253 • 1pm

White Bear Bar
2135 4th Street, White Bear Lake. 651-426-4111 • 6pm

THURSDAYS

Jimmy's Food & Drink
1132 Co Rd E East, Vadnais Heights. 651-482-1100 • 6pm

Roseville Bingo Hall
2525 N. Snelling Ave, Roseville. 612-869-5555 • 1, 3, 7, & 9pm

The Sunset Grill
8466 Hwy. 65, Spring Lake Park. 763-204-8648 • 1pm

VFW Roseville Post 7555
1145 Woodland Drive, Roseville. 651-483-5313 • 6:30pm

White Bear Bar
2135 4th Street, White Bear Lake. 651-426-4111 • 7pm

FRIDAYS

Am. Legion Bayport
263 N. 3rd St. Bayport. 651-439-5463 • 7:15pm (Lic# 00467)

Classic Bowl
11707 Round Lake Blvd, Coon Rapids. 763-421-4402 • 6:30pm

Hi Stakes Bar
8299 University Ave NE, Spring Lake Park. 763-784-2230 • 5:30pm

Roseville Bingo Hall
2525 N. Snelling Ave, Roseville. 612-869-5555 • 1, 3, 7, & 9pm

Welsch's Big Ten Tavern
4703 US-10, Arden Hills. 651-633-7253 • 1pm

SATURDAYS

American Legion Fridley
7365 Central Ave. NE, Fridley. 763-784-9824 • 1pm

B-Dale Club
2100 N Dale St., Roseville. 651-4-536 • 3pm

Bungalo
1151 Rivercrest Rd, Lakeland. 651-436-5005 • 2pm (Lic # 00467)

CR'S Sports Bar
8525 Cottonwood St. NW, Coon Rapids. 763-780-1585 • 2pm

Drkula's
6710 Cahill Ave, Inver Grove Heights. 651-451-1717 • Noon

Dugout Bar & Grill
158 Main St. NW, Bethel. 763-434-0119 • 3pm

Hi Stakes Bar
8299 University Ave. NE, Spring Lake Park. 763-784-2230 • 5:30pm

Kraus-Hartig VFW
8100 Pleasant Drive NE, Spring Lake Park. 763-780-1900 • 2pm

Lucky's 13 Pub - Roseville
2480 Fairview Ave N, Roseville. 651-330-9257 • 1pm

McCarron's
1986 Rice St., Maplewood. 651-788-7362 • Noon

Roseville Bingo Hall
2525 N. Snelling Ave, Roseville. 612-869-5555 • Noon, 2, 6, & 8pm

SAK'S
1460-E County Rd E Vadnais Heights. 651-484-6119 • 12:30pm

Sal's Angus Grill
12010 Keystone Ave, Stillwater. 651-439-6652 • 1pm

The Sunset Grill
8466 Hwy. 65, Spring Lake Park. 763-204-8648 • 2pm



PURSE/SPECIAL BINGO

Special Events!



Welsch's Big Ten Tavern
4703 US-10, Arden Hills (651) 633-7253
Thursday, March 13 @ 6:30 PM

Hi Stakes
8299 University Ave. NE, Spring Lake Park. 763-784-2230
Saturday, March 15 @ 5:30 PM

Kraus-Hartig VFW Post #6857
8100 Pleasant View Dr. NE, Spring Lake Park. 763-780-1900
Sunday, March 16 @ 2:30 PM

The Sunset Grill
8466 Hwy. 65, Spring Lake Park. 763-204-8648
Monday, March 17 @ 6 PM

Invictus Brewing Company
2025 105th Ave. NE, Blaine. 763-208-3063
Monday, March 17 @ 6:30 PM

SUNDAY

The Doghouse
2029 Woodlynn Ave, St Paul, MN
651-621-1535 • **Purse Bingo!**
Every 2nd & 4th Sunday @ 3:30pm
Sunday Funday Cash Bingo!
1st & 3rd Sunday @ 3:30pm

MONDAY

Little Village Pub
2670 Co .Rd E.East, White Bear Lake
651-330-6305 • **Purse Bingo!**
Every Monday @ 6:30pm

TUESDAY

McCarron's
1986 Rice St., Maplewood
651-788-7362 • **Purse Bingo!**
2nd Tuesday of the Month @ 7pm

WEDNESDAY

The Brookside Bar & Grill
140 Judd St, Marine On St.Croix
651-433-1112 • **Purse Bingo!**
Every Wednesday @ 7pm

SATURDAY

Hugo American Legion Post #620
5383 140th St., Hugo
651-255-1432 • **Gun Bingo!**
March 22nd @ 1pm.
Only 100 Tickets Available!



PHYSICAL ACTIVITIES FOR KIDS WHO ARE NOT INTO COMPETITIVE SPORTS

Competitive sports provide a wonderful opportunity for children to be physically active. That's a notable benefit and one that could help to confront a growing problem of overweight and obesity among modern youths. Data from the World Health Organization indicates 37 million children under the age of five were overweight in 2022, while more than 390 million youngsters between the ages of five and 19 were overweight or obese in that same year. In addition, the percentage of children and adolescents across the globe who qualified as obese in 2022 had grown considerably since 1990, increasing from 2 to 5 percent during that span. Sports can definitely help to remedy the overweight and obesity epidemic among youths across the globe, but what about children who are not into competitive athletics? The Centers for Disease Control and Prevention recommends all children and adolescents, including non-athletes, get at least 60 minutes of moderate-to-vigorous physical activity each day. That might sound difficult for parents of non-athletes, but there are a number of physical activities beyond organized athletics that can ensure kids get all the exercise they need.



- **Dancing:** The National Institutes of Health notes that dancing is both an exciting and effective workout that benefits the body in myriad ways. Dancing is a versatile form of exercise that encompasses everything from ballroom dancing to salsa. The NIH notes that dancing is a great cardiovascular exercise that also helps to build strong bones and muscles and improve balance. Dancing also is a social activity, which means it can provide many of the same benefits related to social interactions that are often attributed to team sports.

- **Hiking:** Hiking is another physical activity that can provide great exercise for youngsters who are not into competitive sports. According to Piedmont Health, hiking is a whole-body exercise that gets the heart pumping, making it a wonderful cardiovascular activity. Cardiovascular exercise has been linked to a number of benefits, including a lower risk for conditions such as heart disease, stroke and high cholesterol. Hiking also is considered a weight-bearing exercise that helps to build muscle mass.

- **Skateboarding:** Skateboarding has come a long way since modern parents were children. Though skateboarding might once have been frowned upon due to skateboarders' penchant for practicing in places that were off limits, the perception of skateboarding has now changed dramatically and the activity is touted as great exercise. A 2018 study published in the journal *Gait & Posture* found that skateboarding helps participants develop a strong sense of balance. The motions required to ride a skateboard also help to increase heart rate, which can provide a boost to cardiovascular health.

- **Cycling:** Many young children love riding their bikes, and it's worth noting that an afternoon of cycling provides an incredible full-body workout. The Harvard T.H. Chan School of Public Health notes that the health benefits associated with cycling include improved cardiovascular fitness, stronger muscles, greater coordination and general mobility, and reduced body fat. Cycling also has been linked to improved mental health, as riding a bike releases feel-good endorphins that can reduce stress.

<p>DAILY PULLTABS & ETABS</p> <p>WHITE BEAR LAKE AREA HOCKEY ASSOCIATION #03111</p> <p>GO BEARS!</p>	<p>MONDAY 9:00AM BINGO @ JIMMY'S 6:00PM BINGO @ SAK'S 6:00PM BINGO @ BEARTOWN</p>
	<p>TUESDAY 6:00PM BINGO @ JIMMY'S</p>
	<p>WEDNESDAY 9:00AM BINGO @ JIMMY'S 5:00PM MEAT RAFFLE @ DOC'S 6:00PM BINGO & RAFFLE @ BEARTOWN</p>
	<p>THURSDAY 6:00PM BINGO @ JIMMY'S 7:00PM BINGO @ WB BAR</p>
	<p>FRIDAY 5:00PM MEAT RAFFLES @ WB BAR & BEARTOWN & DOC'S 6:00PM TRI-WHEEL @ WB BAR</p>
	<p>SATURDAY 12:30PM BINGO @ SAK'S 6:00PM TRI-WHEEL @ WB BAR</p>

MEAT RAFFLES

SUNDAYS

Dugout Bar & Grill
158 Main St. NW, Bethel.
763-434-0119 • 11am

MONDAYS

Mc Carron's
1986 Rice St., Maplewood
651-788-7362 • 6pm

Sgt. John Rice
VFW Post 6316
1374 109th Ave. NE, Blaine.
763-757-4540 • 5:30pm

TUESDAYS

American Legion Fridley
7365 Central Ave NE, Fridley.
763-784-9824
Ryders Bacon Raffle
2nd and 4th Tues. 5:30 pm

Dugout Bar & Grill
158 Main St. NW, Bethel.
763-434-0119 • 6pm

FRIARS
1500 South Lake St., Forest Lake.
651-464-5040 • 5pm

Invictus Brewing
Company
2025 105th Ave. NE, Blaine.
763-208-3063 • 5:30

Kelly's Korner Bar
7098 Centerville Rd., Centerville .
651-493-6626 • 6pm

Sgt. John Rice
VFW Post 6316
1374 109th Ave. NE, Blaine.
763-757-4540 • 5:30pm

WEDNESDAYS

Bear Town
4875 Hwy. 61, White Bear Lake.
651-426-4225 • 6pm
GIFT CARD RAFFLE ONLY

Cam's Bar & Eatery
8517 63rd Ave. N., Brooklyn Park.
763-533-4159 • 6pm

Doc's Landing
3200 White Bear Ave., White Bear
Lake. 651-770-3582 • 5pm

Hugo American
Legion Post #620
5383 140th St., Hugo.
651-255-1432 • 6pm

Sgt. John Rice
VFW Post 6316
1374 109th Ave. NE, Blaine.
763-757-4540 • 5:30pm

The Sunset Grill
8466 Hwy. 65, Spring Lake Park.
763-204-8648 • 5:30pm

The Brookside Bar & Grill
140 Judd St., Marine On St. Croix.
651-433-1112 • Every Other
Wednesday, 7pm

VFW Roseville Post 7555
1145 Woodland Drive, Roseville.
651-483-5313 • 5pm

THURSDAYS

FRIARS
1500 South Lake St., Forest Lake.
651-464-5040 • 5pm

Hi Stakes Bar
8299 University Ave. NE, Spring
Lake Park. 763-784-2230 • 4pm

Jimmy's Food & Drink
1132 Co. Rd. E East, Vadnais
Heights. 651-482-1100 • 6pm

Sgt, John Rice
VFW Post #6316
1374 109th Ave. NE, Blaine.
763-757-4540 • 5:30pm

The Beach Bar
2030 St. Croix Trail S, Lake St.
Croix Beach. 651-436-5065 • 5pm

FRIDAYS

American Legion Fridley
7365 Central Ave. NE, Fridley.
763-784-9824 • 5pm - Gone

B-Dale Club
2100 N. Dale St. Roseville.
651-489-5386 • 5:30pm

Bear Town
4875 Hwy. 61, White Bear Lake.
651-426-4225 • 5pm

Cam's Bar & Eatery
8517 63rd Ave. N., Brooklyn Park.
763-533-4159 • 6pm

Doc's Landing
3200 White Bear Ave., White Bear
Lake. 651-770-3582 • 5pm

Dugout Bar & Grill
158 Main St. NW, Bethel.
763-434-0119 • 6pm



FRIARS
1500 South Lake St., Forest Lake.
651-464-5040 • 5pm

Hi Stakes Bar
8299 University Ave. NE, Spring
Lake Park. 763-784-2230 • 4pm

Hugo American Legion
Post #620
5383 140th St., Hugo.
651-255-1432 • 7pm

Jimmy's Food & Drink
1132 Co. Rd. E East, Vadnais
Heights. 651-482-1100 • 5pm

Kelly's Korner Bar
7098 Centerville Rd., Centerville.
651-493-6626 • 6pm

Little Village Pub
2670 Co. Rd. E East, White Bear
Lake. 651-330-6305 • 5:30pm

Mc Carron's
1986 Rice St., Maplewood.
651-788-7362 • 5:30pm

Southern Rail
7082 Centerville Rd., Centerville
651-528-8230 • 6pm

Kraus-Hartig VFW
Post 6587
8100 Pleasant Drive NE. Spring
Lake Park. 763-780-1900 • 5pm

Sgt, John Rice
VFW Post 6316
1374 109th Ave. NE, Blaine.
763-757-4540 • 5pm

The Sunset Grill
8466 Hwy. 65, Spring Lake Park.
763-204-8648 • 6:30pm

Welsch's Big Ten Tavern
4703 US-10, Arden Hills.
651-633-7253 • 5pm

SATURDAYS

CR'S Sports Bar
8525 Cottonwood St. NW, Coon
Rapids. 763-780-1585 • 4:30pm

Hi Stakes Bar
8299 University Ave. NE, Spring
Lake Park. 763-784-2230 • 4pm

Jimmy's Food & Drink
1132 Co. Rd. E East, Vadnais
Heights. 651-482-1100 • 5pm

Kraus-Hartig VFW
Post 6587
8100 Pleasant Drive NE, Spring
Lake Park. 763-780-1900 • 2pm

Mc Carron's
1986 Rice St., Maplewood.
651-788-7362 • 11:30am

SAK'S
1460 - E Co. Rd. E, Vadnais
Heights. 651-484-6119 • 5pm

Sal's Angus Grill
12010 Keystone Ave., Stillwater.
651-439-6652 • Noon

Sgt. John Rice
VFW Post 6316
1374 109th Ave. NE, Blaine.
763-757-4540 • 3pm

VFW Roseville Post 7555
1145 Woodland Drive, Roseville.
651-483-5313 • 4pm



KIDS AND HEALTHY EATING: GOBBLE UP THESE BODY-FRIENDLY FOOD PRACTICES

Despite being pint-sized people, children can have some very big personalities and opinions. Parents know that kids have strong feelings on everything from the clothes they wear to the foods they eat.

Although not all children are inherently picky eaters, most go through phases of picky eating during their childhood development, particularly when they are toddlers. The UCSF Benioff Children's Hospitals also says some children naturally are more sensitive to certain tastes, smells and textures, which could make certain foods less desirable to youngsters. Others may mimic their parents' picky food tendencies. A child who has strong aversions to trying new foods can make it hard to plan meals, especially ones that include nutritious fare.



MARCH 2025

Getting kids to eat more healthy foods and be excited about them could take some time and effort. Parents can try some of these strategies to change kids' perceptions about healthy eating.

Take the lead. Parents can model healthy eating behavior every time they sit down to a meal. Research suggests parents' eating behaviors significantly influence their children's food preferences and dietary habits. Given their influence, adults should choose healthy foods often enough so that the process becomes habit for the entire household.

Make it a team effort. Children may refuse foods because it gives them a modicum of control in a world where adults seem to be making all the decisions. When children are included in meal planning and shopping, they are more likely to eat foods that are healthy. While the bulk of foods should be healthy ones, a few treats or special ingredients can be thrown in every so often.

Create family meal expectations. Routines are essential to children's well-being. By eating together as a family and serving meals and snacks around the same time each day, kids will thrive knowing what is coming next. Mealtime is a good time to talk about healthy eating habits and table manners as well, says the Cleveland Clinic. Parents can model how half of the plate should be made up of vegetables and some fruit.

Respect eating quirks. One child may only eat broccoli if it is dunked in ketchup. Another might only embrace a turkey sandwich if it is cut into triangles. Parents should pick their battles regarding food. Parents should go with the flow if kids are eating right, even if their choices are a little unorthodox.

Make it a game. Incorporate some fun into meals by encouraging children to come up with funny names for their foods, however ridiculous they may be. Make competitions of healthy eating by seeing who can eat the most vegetables during the week and earn a prize. Kids likely will respond better to these positive choices rather than ultimatums about foods they "have" to eat.

SLP

Lions

85%
PAYOUT!!!

PIM436

\$2

Pull Tabs & E-Tabs Daily!

X Golf of Blaine Lic. # 00584-031
298 Northtown Dr NE, Blaine (952) 529-7195

Moe's at The Ice House Lic. # 00584-020
9250 Lincoln St NE, Blaine (763) 233-0699

On the Green Lic. # 00584-032
12571 Central Ave NE, Blaine (651) 728-6936

Welsch's Big Ten Tavern
4703 US-10, Arden Hills (651) 633-7253

Meat Raffle Fri. @ 5PM

Bingo Wed, & Fri. @ 1PM

Pull Tabs & E-Tabs Daily

The Sunset Grill Lic. # 00584-026
8466 Hwy. 65, Spring Lake Park (763) 204-8648

Surf N Turf Meat Raffles
Thurs., @ 6:30PM,

Bingo
Tue. & Thurs. @ 1PM
\$99 Pay Outs!
\$1,000 Progressive Coverall!
3 Ball Call! New Pulltab Game Every Session!

Handbag Bingo!
March 8 @ 1PM

Pull Tabs & E-Tabs
Daily, Starting @ 8AM

Hi Stakes Lic. # 00584-001
8299 University Ave NE, Spring Lake Park (763) 784-2230

Meat Raffles
Thurs., Fri., & Sat. @ 4PM

Bingo
Mon. @ 1PM, Wed., Fri., & Sat. @ 5:30PM

Triwheel
Wed. - Sun.

Pull Tabs & E-Tabs
Daily 8AM-Midnight

Horse Races
Thurs. @ 5PM

Kraus-Hartig VFW Post #6857 Lic. # 00584-030
8100 Pleasant View Drive NE, Spring Lake Park (763) 780-1900

Meat Raffles
Fri. @ 5PM, Sat. @ 2PM

Bingo
Tue. @ 6:30PM, Sun. @ 2:30PM

Triwheel
Tue. & Fri. @ 5PM

Pull Tabs & E-Tabs Daily

Horse Races
Fri. @ 5PM

Special Events!

St. Patty's Day Bingo!

Welsch's Big Ten Tavern
Thursday, March 13 @ 6:30 PM

Hi Stakes
Saturday, March 15 @ 5:30 PM

Kraus-Hartig VFW Post #6857
Sunday, March 16 @ 2:30 PM

The Sunset Grill
Monday, March 17 @ 6 PM

Invictus Brewing Company
Monday, March 17 @ 6:30 PM

NEW SITE! Invictus Brewing Company
2025 105th Ave. NE, Blaine (763) 208-3063

Meat Raffles
Tues. @ 5:30PM

Bingo
Mon. @ 6:30PM

Pull Tabs & E-Tabs
Daily

Horse Races
Fri. @ 7PM

Drkula's

6710 Cahill Ave
Inver Grove Heights
651.451.1717 



Always call ahead.
Lanes may not be available
due to League and
Tournament bowling,
or Private Parties.



**COME
ON
IN!**



AND PLAY A FEW GAMES!



Bar and Bowling Hours

Sunday - Thursday: 11am - 11pm
Friday - Saturday: 11am - Midnight

Kitchen Hours

Every Day
11am - 10pm

PRICES PER LANE

\$40 - 1 HOUR • \$50 - 1.5 HOUR • \$55 - 2 HOURS
NO CHARGE SHOE RENTAL • UP TO 6 BOWLERS PER LANE

BAR BINGO

Wednesdays
@ 6:30pm,
Saturdays
@ Noon



\$150 Guaranteed!
\$1,500 Must Go Cover All!

Banquet Facility for Your Large Party

You can host up to 160 people in the banquet facility at Drkula's 32 Bowl. Our banquet facility includes a separate kitchen, bathrooms, bar, and main room located on our lower level. Our managers would love to talk with you, so give us a call to find out about availability and rates.

Use our caterer or bring in your own. FREE WiFi available.

Our newly remodeled banquet room is a great way to celebrate Weddings, Anniversary's, Birthday, Meetings or any other special event. Call us now at 651-451-1717 to schedule your reservation.



FRIDAYS @ 6:30PM

Starts Sept. 13th



**DRKULA'S
BOWL** IN THE PUB!
FREE TO PLAY!

VINGO
Music Video Bingo

TONS OF PRIZES!

party unit

VINGO Music Video Bingo					
- 5 artists in a row, in any direction				-OR-	all 4 outside corners
AC/DC	Huey Lewis	Alabama	Will Smith	Elvis Presley	
Billy Idol	Cinderella	Madonna	Wham!	Aerosmith	
Vanilla Ice	Shaggy	FREE SPACE	Pitbull	Motley Crue	
			Belinda Carlisle	Go-Go's	
VINGO Music Video Bingo					
- 5 artists in a row, in any direction				-OR-	all 4 outside corners
Lil' Wayne	Uncle Cracker	Iggy Azalea	ZZ Top	Sm	
Billy Joel	Flo Rida	Lady Gaga	Shakira	Oz Osbo	
Village People	Tesla	FREE SPACE	Kesha	Mar Morris	
Tom Jones	Whitesnake	James Brown	Culture Club	Bee Ge	
Johnny Cash	Boston	Gloria Gaynor	Erasure	Adam A	

ALL YOU CAN BOWL SPECIAL!

Prices Per Person.

No Charge for Shoe Rental

Sunday & Monday: 11am - 11pm - \$8

Tuesday & Friday: 11am - 6pm - \$8

Saturday: 11am - 6pm - \$11

1.5 HOURS. WANT TO BOWL LONGER? \$3/PERSON FOR 2 HOURS.



RECIPES: HERB RAVIOLI & IRISH STEW

HOMEMADE PASTA MAKES FLAVORFUL COMFORT FOOD

Pasta is enjoyed across the globe. Whether it's the main course of a meal or served up as a side dish, pasta will seemingly always have a place on the dinner table. Pasta may not be the first thing people think of when pondering comfort food, but certain dishes, including ravioli, certainly meet the comfort food criteria. Such is the case with this recipe for "Herb Ravioli" courtesy of Lines+Angles.

Herb Ravioli. Makes 4 servings

For the dough:

14	ounces flour; for pasta	1	pinch salt
2	egg yolks	1	tablespoon olive oil
2	eggs		

For the filling:

7	ounces baking potatoes		Sprig chervil
1	slice stale white bread	4	ounces crème fraîche
3 1/2	tablespoons soft butter	1	finely chopped shallot
1	bunch finely chopped chives		Salt
1	bunch finely chopped parsley		Pepper

In addition:

	Flour for the work surface	1	bunch chives
1	egg white		Chervil or parsley, to garnish
4 1/2	ounces bacon		



1. Combine the flour, egg yolks, eggs, oil, salt, and 2 to 3 tablespoons cold water and quickly knead to a pliable dough. Form into a ball, cover with plastic wrap and let rest for 1 hour.
2. For the filling, peel and quarter the potatoes and cook in boiling, salted water for 20 minutes.
3. Finely dice the bread. Heat 1 tablespoon butter and fry the diced bread until golden brown to make croutons. Let cool, then reserve 1 tablespoon of the croutons for serving.
4. Drain and mash the potatoes, let cool slightly, then mix with the rest of the butter, salt, pepper, herbs, croutons, and crème fraîche.
5. Divide the pasta dough in half and roll out thinly into 2 sheets. Put teaspoonfuls of the filling on one of the sheets of pasta, leaving about 2 inches between them.
6. Brush the dough around the filling with egg white. Lay the second sheet of pasta dough on top and press together between heaps of filling.
7. Cut out the ravioli with a pastry wheel.
8. Drop the ravioli into boiling, salted water and cook for 4 to 5 minutes, then take out and keep warm.
9. Dice the bacon and fry until crisp and brown. Wash the chives, shake dry and snip. Serve the ravioli onto warmed plates, scatter with bacon, chives and croutons and serve garnished with chervil or parsley.

ENJOY IRISH STEW THIS ST. PATRICK'S DAY

St. Patrick's Day is known for revelry. A festive atmosphere prevails each March 17, and people from all walks of life and genealogical backgrounds take part in festivities that have become celebrations of Irish culture. Cuisine is a big part of Irish culture, even if it's not the first thing people think of when pondering the Emerald Isle. This St. Patrick's Day, celebrants can bring a touch of Irish cuisine to their celebrations by preparing the following recipe for "Irish Guinness Stew with Lamb" courtesy of Lines+Angles.



Irish Guinness Stew with Lamb. Makes 6 servings

8	cups lamb or beef stock; divided	1/2	cup unbleached all-purpose flour	1	bunch fresh parsley
1	cup pearl barley	4	stalks of celery, washed, trimmed and chopped	1	bunch fresh thyme
3	lb. lamb shoulder, cubed	2	large yellow onions, peeled and chopped	1	bunch fresh rosemary
	Salt, to taste	3	cloves of garlic, minced	3	large potatoes, peeled and cubed
	Freshly ground black pepper, to taste	3	large carrots, peeled and roughly chopped	2	teaspoons cornstarch
3	tablespoons oil	12	fluid ounces Guinness stout	4	teaspoons water

1. In a medium saucepan set over medium heat, bring 3 cups of stock to a boil; add barley. Reduce heat to low and gently simmer for 20 minutes. Set aside.
2. Meanwhile, pat the meat dry with paper towels. Season the meat with salt and pepper. Heat the oil in a 6-quart Dutch oven. Brown the meat on all sides over medium-high heat. Using a slotted spoon, remove the meat from the pot. Sprinkle flour over the meat, shaking off any excess; set aside.
3. Add the celery, onions, garlic and carrots to the pot and saute until onions are soft and translucent. Add Guinness and deglaze the pot, scraping up all the caramelized bits on the bottom and sides of the pan.
4. Chop the leaves of the parsley, reserving the stems. Tie the parsley stems and several sprigs of thyme and rosemary into a bundle; drop the bundle into the pot. Chop the remaining thyme and rosemary; set chopped herbs aside.
5. Return the meat to the pot. Add the potatoes, barley and enough stock to cover the meat and vegetables. Bring to a boil over medium heat. Reduce heat to very low and simmer for 2 to 3 hours, or until meat is fork tender. Stir occasionally, adding remaining stock as necessary.
6. Check seasoning; adjust to taste. Stir in chopped parsley, thyme and rosemary. Mix cornstarch in water and stir. Add to stew, stirring to incorporate. Cook over low heat for 5 to 10 minutes or until stew thickens. Ladle into bowls. Serve with crusty bread and of course more Guinness if desired.

RECIPES: BEETROOT SOUP AND FISH & CHIPS

SERVE UP SPRINGTIME FLAVOR WITH BEETROOT SOUP



Certain foods tend to hit the spot a little more convincingly during particular times of year. For instance, it's hard to resist a hearty comfort food when the weather outside is cold and the winter winds are howling. Come springtime, lighter fare regains its place in the spotlight. As spring blooms return, foodies looking for something that won't bust their belts can try this recipe for "Beetroot Soup with Mixed Seeds" courtesy of Lines+Angles.

Beetroot Soup with Mixed Seeds. Makes 4 servings

For the soup:

2	tablespoons olive oil	1	teaspoon dried marjoram	2	tablespoons plain yogurt
1	onion	1/2	teaspoon dried dill		Salt
1	finely chopped garlic clove	5	cups vegetable stock, plus extra as needed		Freshly ground black peppercorns
3	chopped celeries	1 1/4	lb. pickled beets, cubed, juice reserved		

To serve:

4	tablespoons plain yogurt	2	tablespoons black chia seeds	2	tablespoons golden linseeds or linseeds
2	tablespoons chopped pistachio nuts, shelled	2	tablespoons pumpkin seeds	1	handful mint leaves

1. For the soup: Heat the olive oil in a large saucepan set over medium heat until hot.
2. Add the onion, garlic, celery, and a generous pinch of salt, cooking for 6 to 7 minutes until softened.
3. Stir in the dried herbs and vegetable stock. Bring to a simmer before stirring in the beets.
4. Simmer gently for 20 to 25 minutes until the beetroot is very tender to the tip of a knife.
5. Purée with immersion blender, adding some of the reserved beetroot juice to thin out to your liking; or thin it out with more stock or water.
6. Return soup to a simmer, stir in yogurt and some salt and pepper to taste. Keep warm over very low heat, making sure the soup does not boil.
7. To serve: When ready to serve, ladle into warm bowls and top with some yogurt.
8. Garnish with a scattering of chopped pistachios, mixed seeds and some mint leaves before serving.

FISH AND CHIPS IS AN IDEAL MEAL THROUGHOUT LENT

Lent is an important time of year for Christians across the globe. Lent is a season of sacrifice, and many practicing Christians abstain from consuming flesh meat on Fridays in the weeks preceding Easter. Abstaining from meat on Fridays throughout Lent does not require devoted Christians to avoid flavor. In fact, there are many flavorful non-meat dishes for Christians to choose from each Friday during Lent. One particularly flavorful option is this recipe for "Gourmet Fish and Chips" from Lines+Angles.

Gourmet Fish and Chips. Makes 4 servings

For the mushy peas:

12	ounces green dried peas, split		Salt
1	tablespoon baking soda		Freshly ground black peppercorns
2	tablespoons butter, softened		

For the fries:

2 1/4	lbs. white potatoes, peeled	4	tablespoons cornstarch
8	cups vegetable oil, for deep-frying	1	teaspoon onion powder or onion salt

For the fish:

4	large white fish fillets, approximately 2 lbs., such as cod or haddock, skinless, pin-boned	1	cup flour	Salt to taste
		1	large egg, beaten	Pepper to taste
		12	fluid ounces beer, chilled	



To serve:

2	gherkins pickles, sliced lengthwise
2	lemons
	Sprig curly parsley

1. Mushy peas: Combine the peas with the baking soda in a large saucepan. Cover with 8" water. Cover and chill overnight.
2. The next day, drain and rinse thoroughly with cold water.
3. Return peas to saucepan, cover with 0.5" water. Bring to boil on high heat. Reduce to simmer until tender, 30 to 40 minutes; skim away froth.
4. Remove from the heat and stir in the butter. Season to taste with salt and pepper. Cover and set aside until ready to serve.
5. For the chips/fries: Cut the potatoes into fries. Submerge in a large bowl of water as you heat the oil.
6. Heat the oil in a large, heavy-based saucepan to 285 F; use a thermometer to accurately measure the temperature.
7. Remove potatoes from water, pat dry with paper towel. Place in large mixing bowl, sprinkle corn starch, onion powder and salt, toss to mix.
8. Deep-fry potatoes until soft and starting to color, about 10 minutes. Drain on paper towel and cover loosely with aluminum foil to keep warm.
9. Increase the temperature of the oil to 355 F. Working in two batches, return the fries to the oil and fry until golden-brown and crisp all over.
10. Remove from the oil and drain on paper towels. Season with salt and cover loosely with aluminum foil to keep warm; reserve the oil.
11. For the fish: Return the frying oil to 355 F; use a kitchen thermometer to accurately gauge the temperature.
12. In the meantime, season the fish with salt and pepper
13. Mix flour, egg, 1 teaspoon salt, and ground pepper in large mixing bowl. Slowly whisk in enough beer to make thick, smooth batter.
14. Working one by one, drop the fish fillets into the batter, turning to coat evenly.
15. Let the excess batter drip off the fish before carefully lowering into the hot oil. Deep-fry until golden-brown and crisp, about 4 minutes. Remove from the hot oil and drain on paper towel, covering loosely with aluminum foil. Repeat steps 14 and 15 for the remaining fish.
16. Reheat the fries in the hot oil if needed, draining well.
17. To serve: Divide peas between ramekins and place on plates. Divide fries into individual serving baskets and arrange next to fish on plates.
18. Cut the lemons in half, scoring a zig-zag pattern into them with a paring knife. Serve alongside the fish and fries, garnishing the fish with gherkin slices and some parsley sprigs.

NOTABLE LENTEN TRADITIONS

Easter is a significant day on the Christian calendar. Billions of Christians look forward to Easter Sunday each year, and that anticipation is amplified by Lent.

Lent is a 40-day period preceding Easter that begins each year on Ash Wednesday. According to Campus Crusade for Christ International, also known as Cru, Lent is a time of preparation during which Christians reflect on their relationship with God and ready their hearts and minds for Good Friday and Easter.

Tradition features prominently throughout the Lenten season, and the following are some of the more notable customs during this significant period preceding Easter Sunday.

- **Wearing of ashes on the forehead:** Ash Wednesday marks the beginning of Lent, occurring 46 days prior to Easter Sunday (Sundays are not counted among the 40 days of the Lenten season). The United States Conference of Catholic Bishops traces the tradition of wearing ashes on the forehead to the Old Testament, which depicted wearing ashes as a sign of repentance for one's sins and a sign of one's humility before God. Ashes are most often distributed as part of Ash Wednesday Mass, and adherents to the faith wear them throughout the day.
- **Avoiding meat on Fridays:** Many Christians do not eat meat on Fridays during Lent. The Archdiocese of Saint Paul & Minneapolis notes that canon law calls for abstinence from eating meat on all Fridays of the year, but bishops throughout the United States allow the faithful to eat meat on Fridays outside of Lent so long as they substitute another penance that is particularly meaningful to them. Avoiding meat, which all Catholics 14 and older are urged to do on Fridays throughout Lent, is to honor Jesus Christ, who the faithful believed sacrificed his flesh on Good Friday. To honor that sacrifice, Catholics do not eat flesh meat, which includes beef, pork, chicken, and turkey. Fish are not considered flesh meat, and many Catholics consume fish on Fridays throughout Lent.
- **Almsgiving:** Lent is often seen as a season of sacrifice, but it's also a time for giving. Many Christians engage in almsgiving throughout Lent, and some tie it into the sacrifices they make in the name of Jesus Christ. When Christians sacrifice something during Lent, some donate the value of what they forego to the Catholic Church or a charity that gives money, food or other items to the poor. Almsgiving is a wonderful means of combining the many traditions that make the season of Lent such a special time of year for Christians across the globe.

Lent is a unique tradition and special time of year for Christians, adding to the anticipation billions have for Easter Sunday.



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THE BEST-SELLING BOOKS OF ALL TIME

Popular books have a way of finding their way into homes across the globe. Indeed, certain books transcend geographical boundaries and entice readers from all walks of life and cultural backgrounds. But which books have earned their place among the best-selling tomes of all time? Though it's hard to compile an indisputable list of history's best-selling books, as sales of religious texts such as The Bible and the Quran, which are routinely distributed for free, are hard to quantify, the following are some of the best-selling non-religious texts to ever find their way onto a shelf.

- **“Don Quixote” by Miguel de Cervantes:** This tragicomedy initially published in 1605 (part two was published a decade later) is estimated to have sold half a billion copies.
- **“A Tale of Two Cities” by Charles Dickens:** This novel with the famed opening line of “It was the best of times, it was the worst of times...” has sold an estimated 200 million copies since it was first published in 1859.
- **“The Little Prince” by Antoine de Saint-Exupéry:** This tale, published in 1943, was written for children but has proven equally popular with adult audiences, which no doubt accounts for its sales estimated at around 140 million copies.
- **“Harry Potter and the Sorcerer’s Stone” by J.K. Rowling:** This is just one of a handful of books in Rowling’s Harry Potter series that are among the best-selling titles of all time. Estimates indicate this first book in the series is the best-selling Harry Potter title to date, with roughly 120 million copies sold since its initial publication in 1997.
- **“And Then There Were None” by Agatha Christie:** English mystery master Agatha Christie was a prolific writer, with more than 66 detective novels to her credit. None sold more than this classic murder mystery, which has sales of around 100 million copies since it was first published in 1939.
- **“Dream of the Red Chamber” by Cao Xueqin:** Western audiences may not recognize this title as readily as the other books that qualify for the list of the best-selling works of all time, but this classic Chinese novel written in 1791 has sold roughly 100 million copies over the centuries.
- **“The Hobbit” by J.R.R. Tolkien:** “The Hobbit” preceded Tolkien’s “The Lord of the Rings Trilogy,” sales of which are believed to have exceeded 150 million copies (the trilogy was serialized, but many copies have since been sold in a single-volume work, making it difficult to determine where each book ranks on a list of best-selling titles of all time). Popular in its own right, “The Hobbit” has sold an estimated 100 million copies since Tolkien first introduced the world to “Bilbo Baggins” in 1937.
- **“The Lion, the Witch and the Wardrobe” by C.S. Lewis:** Many a child across the globe has had this 1950 work from C.S. Lewis on their bookshelf. Kids simply love the world of Narnia, which has helped to sell 85 million copies of this beloved tale.



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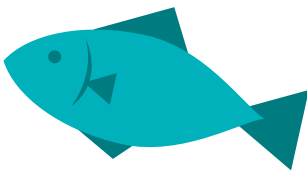


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EMPLOYEE APPRECIATION IDEAS STAFF WILL LOVE

It's not always easy for business owners to find the right ways to show employees how much they're appreciated. According to the O.C. Tanner Network, an employee recognition platform, 40 percent of employees say the recognition they receive at work feels like an empty gesture. This is compounded by the burnout that Deloitte says affects 77 percent of respondents. Employers may be missing the mark when it comes to developing techniques to help employees feel valued and satisfied.



Improving employee morale can start with various techniques to help staff feel more appreciated. The following are some ways employers can do just that.

- **Send along a work perk.** Employers can share a particular work benefit they have received with an employee. This may include a first-class upgrade for a flight or tickets to a hot sports game. Hard-to-get reservations at a trendy restaurant also can be passed on to a hard-working employee.
- **Create a work trophy.** Trophies often indicate victory in sports and other events, so employers can follow suit in the workplace. Create a trophy that is a recognized symbol of staff appreciation that is given to those who have accomplished something good.
- **Let employees choose their gifts.** Put together a catalog of appreciation gifts and let employees choose their own rather than thinking you know what is best.
- **Go public with appreciation.** Let customers know how they are valued by taking to social media or signage in the office that shares tales of exceptional employees. Speak about what staff did and how much they are appreciated.
- **Stay current with salary increases.** One of the easiest ways to show employees they're appreciated is through periodic reviews and pay increases. These increases can go beyond just the cost of living increases many companies provide.
- **Go out for lunch.** Take employees out individually or in small groups for lunch or dinner. Use this opportunity to get to know them better and engage in conversation regarding what they believe will benefit the company. Employees may feel more valued if their ideas are heard.
- **Celebrate various milestones.** As a company, you can celebrate milestones that are not necessarily work-related, such as when an employee has reached a certain wedding anniversary or if they have welcomed a child.

Showing employee appreciation through creative means can help staff feel valued.



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BEFORE



AFTER





Weekly Horoscopes for March

Aries

March 21-April 20

Week 1:

You might feel like you have extra energy to chase goals and take bold actions this week, Aries. Your natural drive will be strong. Find opportunities to assert yourself in new areas.

Week 2:

Aries, you are in a leadership position this week, whether you realize it or not. Your confidence may inspire others to follow your lead. Just be sure not to micromanage.

Week 3:

Aries, forcing an agenda right now might backfire. It is best to be patient and let things unfold organically. A few new people may come to your aid this week and support you.

Week 4:

Aries, you may encounter some stubborn people this week and that always has the potential for confrontation. Make yourself scarce if conversations veer in the wrong direction.

Taurus

April 21-May 21

Week 1:

You may feel compelled to slow down and nurture your inner self this week. Take time to reflect on your values and personal goals. If you have been feeling overwhelmed, get some rest.

Week 2:

Taurus, stability is important to you. This week you may find yourself craving a deeper connection. Explore the different types of relationships in your life and make a plan.

Week 3:

You might need to reconsider what you have been fighting for, Taurus. A current battle could be particularly hard to win, so you will have to rethink your strategy.

Week 4:

Things might not be lining up perfectly for a whirlwind trip right now, Taurus. Don't let it get you down. In a few more weeks, an entirely different story may emerge.

Gemini

May 22-June 21

Week 1:

You are in a social mode this week, Gemini. Your communication skills will take center stage, and it's a good time to collaborate or share ideas with others.

Week 2:

This is an excellent week for networking and making new friends, Gemini. Just be careful of overcommitting, as it's easy to fill up your plate with too much to handle.

Week 3:

Someone in a position of power might try to convince you that their way is the best way this week. You are determined to stick with what you think is right, but keep an open mind as well.

Week 4:

Gemini, this is a good opportunity to begin clearing up the clutter in your life. Start tackling the mess as soon as possible and enjoy the weight being lifted off your shoulders.

Cancer

June 22-July 22

Week 1:

Cancer, your focus could shift toward long-term career goals in the next few days. Work to identify a clear vision of where you want to go and the path to get there.

Week 2:

Cancer, you might be craving an emotional connection this week. You may feel drawn to someone who shares your values and outlook. Pay attention to signs that may guide you.

Week 3:

Cancer, avoid impulsive decisions right now, particularly those that are financial gambles. Poor or selfish actions can deliver consequences that are hard to reverse.

Week 4:

Try not to sweat the small stuff right now, Cancer. It often is easier said than done, but the little things could be dimming your light unnecessarily. Seek the support of positive people.

Leo

July 23-August 23

Week 1:

Leo, this week brings an adventurous energy that implores you to expand your horizons. Consider travel, new experiences or educational pursuits to make the most of your time.

Week 2:

Now is the perfect time to push forward with creative projects or ideas at work, Leo. You might receive recognition for your efforts, so don't worry about the spotlight if it happens.

Week 3:

Leo, what you desire could be in direct conflict with what a loved one in your home wants. Instead of trying to force your ideas on them, figure out a way to compromise.

Week 4:

Leo, there are plenty of opportunities available to you now whether you realize it or not. Keep an open mind and equally open eyes to see if you can spot chances to learn and grow.

Virgo

August 24-September 22

Week 1:

You may find yourself dealing with intense emotions this week, Virgo. You might realize that time is running out on something and you really need to make a move.

Week 2:

Don't lose sight of the bigger picture, Virgo. For too much time you have focused on the small details that are getting in the way of the bigger plan. A mentor might offer guidance.

Week 3:

Virgo, the universe is calling the shots right now and time is moving at whatever speed is right. It might seem like very slow progress, so you'll need to remain patient.

Week 4:

Your mind and heart are simply not able to let something go that happened in the past. Your emotions may feel restricted because of it. It's a passing thing and will resolve.

Libra

September 23-October 23

Week 1:

Relationships are especially important to you right now, Libra. Whether it is friendship, romance or business, your interactions with others are bound to be intense.

Week 2:

Libra, you and your partner might come up with plans to improve your living situation or finances this week. Collaboration is really the best way to tackle this.

Week 3:

Libra, this week you might be tempted to put wants before needs. Self-control is needed or you could start spending more than is financially wise right now.

Week 4:

Libra, you are going through a period of evaluation of certain things in your life. This may bring about tension and even some friction, but it's a necessary step for you.

Scorpio

October 24-November 22

Week 1:

Scorpio, this week requires heightened focus on daily routines and personal health. It's a good time to prioritize self-care and improving your habits. A shift in your environment might help.

Week 2:

Scorpio, a transformation could take place this week. You might feel like stepping into a new version of yourself and figuring out the best path to personal growth.

Week 3:

Frustrating exchanges between you and loved ones might leave you retreating to quieter spaces. Any communication is better than no communication, so keep that in mind.

Week 4:

This week there may be a weighty air that puts a damper on your jovial nature, Scorpio. Instead of getting down on yourself, use this time to focus and get a job done.

Sagittarius

November 23-December 20

Week 1:

Sagittarius, your creativity and passion are elevated this week. You feel ready to pursue personal projects since your inspiration is booming.

Week 2:

Stay focused on what matters most, Sagittarius. You will find that most things will fall into place. Prioritize your health and finances this week.

Week 3:

Sagittarius, you can resist a certain situation, but you might need to remain flexible as you do so. Don't fight battles unnecessarily right now. Look for the silver lining if need be.

Week 4:

Sagittarius, you have a chance to make tremendous progress and further your career. It will take hard work, but the rewards will start to roll in soon enough.

Capricorn

December 21-January 20

Week 1:

Family matters takes precedence and garner your attention this week. You may feel a desire to create a sense of stability in your personal space. That may translate to redecorating.

Week 2:

Capricorn, with so much creativity flowing, you might want to express yourself through hobbies or an art project. Approach challenges in new ways and the solutions will come.

Week 3:

Capricorn, shortcuts can compromise your personal growth. The pathway to greater success is to work hard and put in the hours necessary to reap the most lasting rewards.

Week 4:

Avoid questioning superiors or those in positions of authority right now, Capricorn. This is a surefire path into hot water. Take a break and sort through negative emotions.

Aquarius

January 21-February 18

Week 1:

Communication is key this week, whether it's in social circles, at work or at home. You will engage in good conversation and exchange interesting ideas. Learn all you can along the way.

Week 2:

Aquarius, you might find yourself taking a step back at work to focus on personal matters. This doesn't mean you are slacking off. It just means you need to shift priorities for a bit.

Week 3:

Aquarius, you have more power than ever before, but remember it comes with extra responsibility. Always use your authority wisely and think through decisions thoroughly.

Week 4:

Aquarius, you might be going through a time of great preparation with a focus on building a major life project. This is not to be taken lightly and will require a lot of attention.

Pisces

February 19-March 20

Week 1:

Finances come into focus this week, Pisces. You may wonder how you can improve your financial situation and make smarter choices when it comes to money.

Week 2:

Avoid any miscommunications by expressing yourself clearly and concisely. Focus on strengthening your communication and connection with others in the days to come.

Week 3:

Pisces, if you hope to make progress, you may have to change tactics. What you have been doing simply isn't working. Start looking at other strategies.

Week 4:

There may be a sober feeling to the week that leaves you feeling a bit down, Pisces. Focus on finishing projects and these feelings will pass by before you know it.

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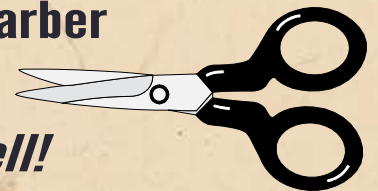
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3 SIMPLE WAYS TO GET BACK IN CREDITORS' GOOD GRACES

A robust credit rating is a key component of a strong financial foundation. There's a reason consumers' credit histories are important to landlords, car dealerships and mortgage lenders. Adults who can demonstrate a track record of sound financial decision-making and responsible money management are seen as safer bets by landlords and lenders than those who have shaky payment histories.

Young adults may not recognize the significance of a strong credit rating until their financial reputations have already taken a hit. Indeed, the Urban Institute reported in late 2024 that 16 percent of young adults between the ages of 18 and 24 with a credit record had debt in collections. Such individuals and older adults who have struggled to make ends meet without taking on debt may one day aspire to own a home or secure a favorable auto loan, and each goal is more difficult for consumers with poor credit ratings to achieve if they cannot restore their reputation in the eyes of prospective creditors. Thankfully, consumers can take three simple steps to rebuild their credit.

1. Start paying on time. One of the fastest ways to build debt is to skip or miss payments on consumer debts like credit cards. When that happens, consumers must pay percentage-based interest charges, which can be especially high on credit cards. When borrowers don't pay on time, relatively small debts can quickly balloon, costing consumers sizable amounts of money and threatening their financial reputations. In addition, the financial experts at NerdWallet point out that late payments can stay on a credit report for more than seven years, which underscores the significance of paying bills on time each month.

2. Utilize as little credit as possible. Credit utilization ratio is one of the variables reporting agencies like Experian use to determine consumers' credit ratings. Over-utilization of credit adversely affects a credit score, so consumers with poor credit histories are urged to avoid using credit cards when they have funds available in their savings or checking accounts. Consumers now have readily available access to information that determines their credit scores, and that includes their credit utilization ratio. Monitor that ratio and make a concerted effort to keep it low. Data from Experian gathered in the third quarter of 2022 revealed that the average utilization ratio among consumers whose credit scores were considered excellent was 6.5 percent, while those whose scores were considered fair had a ratio of 56.1 percent. Individuals whose scores were considered poor (between 300 and 579) had an average utilization ratio of 82.1 percent. The disparity in these ratios underscores their significance in relation to building a strong financial reputation.

3. Apply for a secured credit card. NerdWallet notes that secured credit cards can be the right vehicles for individuals who need to start over in relation to their credit histories. The credit reporting agency Equifax notes secured credit cards require cash deposits that are used to insure purchases made on credit. Secured credit cards are ideal for borrowers who have been deemed high-risk due to past mistakes. Payment histories on secured credit cards can be recorded and shared with reporting agencies, which makes them a valuable asset for individuals who need to demonstrate an ability to pay bills on time



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HISTORICAL EVENTS: MARCH 1925

The month of March has been home to many historical events over the years. Here's a look at some that helped to shape the world in March 1925.

- A military committee in France concludes that Germany committed gross violations of the Treaty of Versailles on March 1. The committee, led by Marshal Ferdinand Foch, accuses Germany of violating provisions related to the disarmament of its military.
- Huff Daland Dusters Inc., is founded in Macon, Georgia, on March 2. The company, which began as a drop dusting firm formed to combat a boll weevil infestation of cotton crops, would be sold near the end of 1928, at which time it is renamed Delta Air Service.
- The United States Congress authorizes the Mount Rushmore Memorial Commission on March 3. The initial design for Mount Rushmore initially featured each president depicted from head to waist. But funding for the sculpture dried up in 1941, so only President George Washington's sculpture features any details below chin level.
- The second inauguration of United States President Calvin Coolidge takes place on March 4. It is the first inauguration to be nationally broadcast on radio.
- Alan Rowe opens the chamber of the tomb of Hetepheres I on March 8 in Egypt. Rowe, who was serving as deputy director of the Harvard-Boston Expedition, is the first person in 4,500 years to open the chamber.
- The state of Bavaria in Germany bans Adolf Hitler from speaking in public for two years on March 9. The ban limits Hitler to speaking only in private, closed meetings.
- Greek football club Olympiacos F.C. is founded in Piraeus on March 10. Olympiacos is now the most successful club in Greek football history, with 47 league titles to its credit.
- Cuba and the United States sign the Hay-Quesada Treaty on March 13. The treaty recognizes that the Isla de Pinos, now known as the Isla de la Juventud, is the territory of Cuba.

Article Continues on Page 26





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HISTORICAL EVENTS: MARCH 1925

Article Continued from Page 25

- Walter Camp passes away in New York City on March 14 at the age of 65. Camp, a college football coach considered the "Father of American Football," created the sport's system of downs and the line of scrimmage.
- An estimated 5,000 people are killed when a 7.0 magnitude earthquake strikes the Chinese province of Yunnan on March 16.
- Edvard Benes of Czechoslovakia proposes a "United States of Europe" on March 17. The proposal is an attempt to secure peace in Europe and includes a western bloc featuring nations including England and France, and an eastern bloc made up of countries including Poland and Austria.
- The Breakers, a luxury hotel in Palm Beach, Florida, burns down on March 18. The cause of the fire is later traced to the wife of Chicago mayor William Hale Thompson, who left an electric curling iron plugged in.
- On March 19, Martha Wise confesses to poisoning 17 members of her family. Wise was connected to the crimes by Medina County, Ohio, sheriff Fred Roshon, who had discovered a day earlier that she had recently purchased a sizable quantity of arsenic from a drug store.
- Clifton R. Wharton begins his diplomatic career on March 20. Wharton would become the first African American admitted to the United States Foreign Service and the first black U.S. envoy to Romania and the first black U.S. ambassador to Norway.
- The Butler Act takes effect in Tennessee on March 21. The act prohibits school teachers from denying the Biblical account of the origins of humanity and remains on the books until 1967.
- The Tokyo Broadcasting Station transmits the first radio broadcast in Japan on March 22. The first broadcast includes a recording of the Beethoven opera "Fidelio."
- Scottish inventor John Logie Baird publicly demonstrates the transmission of moving silhouette pictures at a London department store on March 25. A contemporary report in Nature magazine characterizes Baird's design as "television."
- Fascists and Communists engage in a fistfight within the Italian Chamber of Deputies on March 26. The fisticuffs break out on the day Benito Mussolini returns to the Chamber for the first time in more than a month.
- The Philadelphia Daily News begins publication as a tabloid morning newspaper on March 31.



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COMMON CAR NOISES: WHAT THEY MIGHT INDICATE

Although many drivers understand what goes on under the hood of a vehicle and the inner workings of car mechanics, there are plenty who might not know a spark plug from a dipstick. For the latter group, random noises when driving can be a cause for immediate alarm. Certain noises can be innocuous and easily fixed, while others may be indicative of something more complex. Pinpointing where a noise is coming from can help vehicle owners identify the problem. Here's a list of some common sounds and what the causes might be, courtesy of Firestone, Geico and Nationwide.



High-pitched squealing. Screeching or squealing coming from the tires when stepping on the brakes likely means that brake pads are wearing down and the indicator is rubbing against the rotor. Although this is not an emergency situation, it does mean that brakes will need to be replaced sooner than later.

Rattling in the wheel. If you hear rattling inside of a wheel at low speeds which stops as you drive faster, it could mean a loose lug nut inside of the hub cap. That wheel wasn't tightened properly the last time it was removed and replaced. Bring the car to a mechanic as soon as possible.

Clicking. If you try to start the car and only hear a clicking sound instead of the car turning over, a dead battery is likely the cause. Such a noise also may indicate corroded battery terminals that are preventing the current from flowing. Terminals need to be cleaned. The battery should be checked and jumped, if necessary. If a battery is not holding a charge, a new one is needed.

Squeaky or scraping windshield wipers. Squeaking and scraping means the windshield wipers are wearing down or the windshield is dirty. Clean the windshield and inspect the wiper blades to make sure they are in working order. A bad wiper and dirty windshield can reduce visibility and make driving dangerous.

Clunking sounds. Clunking sounds may indicate a few different issues. A clunking sound might indicate worn out shock absorbers, which absorb vibrations from the wheels. Damaged struts also can cause clunking. Worn out leaf spring shackles that help in off-roading conditions also can cause clunking when they bend or break.

Humming, whining or whirring. These strange noises might have different origins. Check if the differential needs to be lubricated. A wheel bearing also could be worn out and produce a noise. In more severe cases, the transmission could be failing. The best course of action is to get a professional opinion from a mechanic.

Flapping noise. A broken belt typically is the culprit when a vehicle makes a flapping or slapping noise. Something also may be interfering with the fan. Driving with a broken belt may cause severe engine damage, so it's important to address the issue.

Squealing under the hood. Squealing can indicate worn or loose accessory belts. In newer cars it might be the serpentine belt. Belts are relatively inexpensive and easy fixes.

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